

# Academy + Library



## Put recovery-oriented care into practice.

Research shows Pat Deegan's Recovery Approach helps increase engagement and activation, reduces emergency department visits and hospitalizations, increases medication adherence and improves satisfaction with care. Academy + Library teaches this model of recovery-oriented care and coaches folks in how to actually **apply** the model using thousands of recovery-oriented tools and resources.

### Academy + Library includes:

- **Self-paced e-learning** on the foundations of Pat Deegan's Recovery Approach
  - Recovery
  - Personal Medicine
  - Power Statements
  - Supporting Choice
  - Navigating the Dignity of Risk and the Duty to Care
  - Shared Decision Making
  - Using Recovery Library
- Instructional **videos, quizzes** and **real-world practice** for applying what's learned
- Thousands of **recovery-oriented resources**
  - Worksheets, Personal Medicine Cards, curated group content, first-person accounts of recovery
  - Pat Deegan's papers, speeches and videos
  - Self-advocacy, self-care, and empowerment tools
  - In English & Spanish

Contact us at [coaching@commongroundprogram.com](mailto:coaching@commongroundprogram.com) to get started.