

# Glassboro Senior Center January 2026

**Hours: Monday – Friday 9am – 3pm**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	The Glassboro Senior Center is open To Gloucester County residents, age 60 & over.			1  CLOSED	2  CALENDAR DAY  5:15p Disney's Fantasia Phila Orch	3
4	5 9:15a & 10:15a Let's Get Fit! Class 11a Chair Yoga	6 9:15a Intense 9:30a Crafts 10a Strength 11:30a Tai Chi	7 9:15a Bands	8 9:15a Chair Zumba 9:30a Crafts 10a Zumba	9 9:15a & 10:15a Let's Get Fit! Class 12p MOVIE & SNACK	10
11	12 9:15a & 10:15a Let's Get Fit! Class 11a Chair Yoga	13 9:15a Intense 9:30a Crafts 10a Strength 11:30a Tai Chi 12p BINGO	14 9:15a Bands	15 9:15a Chair Zumba 9:30a Crafts 10a Zumba 11:30a New Leaf Tea	16 9:15a & 10:15a Let's Get Fit! Class	17 
18	19  CLOSED	20 9:15a Intense 9:30a Crafts 10a Strength 11:30a Tai Chi	21 9:15a Bands	22 9:15a Chair Zumba 9:30a Crafts 10a Zumba 9:30a Resorts, AC	23 9:15a & 10:15a Let's Get Fit! Class 12p MOVIE & SNACK	24
25	26 9:15a & 10:15a Let's Get Fit! Class 11a Chair Yoga	27 9:15a Intense 9:30a Crafts 10a Strength 11:30a Tai Chi	28 9:15a Bands  12p BINGO	29 9:15a Chair Zumba 9:30a Crafts 10a Zumba	30 NO EXERCISE TODAY  12p Booth's Corner	31

# **GLASSBORO SENIOR CENTER**

152 S. Delsea Dr, Glassboro, NJ 08028 856-881-8504 ext 3

Program Coordinators: Monica Hand & Teia Montgomery

**Our Senior Center is open to Gloucester County Residents, 60 & over**

## **STAY UP TO DATE ON ALL OUR ANNOUNCEMENTS!**

Sign up for our text notifications or check out our Facebook page!

[www.facebook.com/GlassboroSeniorCenter](http://www.facebook.com/GlassboroSeniorCenter)



## **THE SENIOR CENTER CALENDAR IS ONLINE**

On the Glassboro website & the Gloucester County Senior Services website the 1<sup>st</sup> week day of each month, except noted otherwise.

[www.glassboro.org/parks-recreation](http://www.glassboro.org/parks-recreation) **OR** <https://www.gloucestercountynj.gov/303/Seniors>  
Scroll down & click on Senior Itinerary Left column, click on Glassboro Senior Center

## **SIGN UP FOR OUR ONLINE SYSTEM**

**This keeps track of your trips for you.**

Go to this website to sign up or ask a family member to assist you.

<https://glassboro.recdesk.com/Community/Home>

Click on Create Account, fill in your name, email & phone number.

Then, click continue and complete the form.

**DONATIONS** The Center is partially funded through a grant from the Gloucester County Dept. on Aging under Title III of the Older Americans Act. All Title III service providers are required by the state to implement a donation policy. We will accept any donations made to the program. Make checks payable to Glassboro Parks and Recreation.

**LUNCH** – The County serves lunch in the Senior Center lunchroom daily. For information regarding lunch, please contact the lunch manager at 856-881-6610 during the hours of 9am-12pm.

**For Gloucester County services for seniors other than the  
Glassboro Senior Center's activities, please contact:**

**GLOUCESTER COUNTY DIVISION OF SENIOR SERVICES**

**115 Budd Boulevard, West Deptford, NJ 08096**

**856-384-6900 or 1-877-222-3737**

**ALL PARTICIPANTS IN  
ALL EVENTS, ACTIVITIES & TRIPS  
MUST CARRY GOVERNMENT ISSUED PHOTO ID.**



**EXERCISE CLASSES**

**Remember your water to stay hydrated.**

**Wear proper shoes/supportive sneakers for all exercise.**

**\*Please note: For the FREE exercise classes, a video may be used in place of a live class or a class may be cancelled if the program coordinators decide it's necessary due to unforeseen circumstances, vacation days, office duties/training or low attendance.**

**LET'S GET FIT!** – No Cost - A fun mix of different chair & standing exercises.  
This is a great class for beginners & those experienced in exercise.

**BANDS** – No Cost – Exercise working on your strength using resistance bands.

**INTENSE** – No Cost – Intense Chair - Get Movin' & Groovin' with this upbeat, FAST-paced chair exercise. Be ready to sweat & challenge yourself!

**STRENGTH** – No Cost – Strength Training – Total body strength training! Seated & standing exercises.

**CHAIR YOGA** – Cost: \$5 – low-impact, gentle exercise that helps with posture, improving flexibility, strength and balance, while reducing stress and can increase social connection and mental well-being.

**TAI CHI** – Cost: \$5 – Focus on Calming your Mind, Controlling Your Body Movements, Breathing, Balance & Enhance your Immune System

**ZUMBA** – Cost: \$5 – Get your body moving and dance on your feet with Zumba Gold for Seniors.

**CHAIR ZUMBA** – Cost: \$3 – Get your body moving and dance with chair Zumba for Seniors.

**CRAFT CLASS** – No Cost – Benefits of crafting: aids in mind and brain wellness, helps the development of hand-eye coordination and spatial awareness, gives a sense of pride and achievement, teaches you patience and perseverance, encourages active creativity, and facilitates memory formation and retrieval.

**Please familiarize yourself with our following procedures & policies and feel free to ask us any questions you may have concerning this information. It is your responsibility to keep track of the trips you are signing up for and payments. To assist you with keeping track, please sign up for our online system- <https://glassboro.recdesk.com/Community/Home>**

### TRIP SIGN UP PROCEDURE

All trips are first come, first serve. A waiting list will be kept if seats become available once the trip is full. New trips will be added each month to our monthly calendar. We advertise trips anywhere from 3 months to 6 months or more in advance. To sign up, please stop in the office during hours, Monday - Friday, 9am – 3pm. Cash, Checks & most Credit Cards are accepted. We do not accept American Express. You have the option to save your credit card on file.

### TRIP PARKING PROCEDURE

Please park in the parking lot on the side of the building where the flagpole is located. Please DO NOT park along the fence in front of the building near the front door. These spaces are for people visiting the building throughout the day.

### CANCELLATION/REFUND POLICY

\*Payments on trips with multiple installments need to be made in a timely manner; otherwise, we reserve the right to offer your seat to someone else.

\*In order to receive any type of refund, you must cancel before the trip date and may be refunded AFTER the trip date ONLY IF we are able to fill your seat. We will try our best to fill your seat if a waiting list is available. If a wait list is available, your spot is nontransferable to a friend/family member.

Please do not give your seat to a friend/family member without speaking with us first. The wait list is the best way to keep this as fair as possible for all.

\*Refunds will not be issued to “no shows” & cancellations on the day of the trip or if we are unable to fill your cancelled seat with another paying traveler.

### TRIP PROCEDURE

All trip departure and return times are listed in our calendar under each trip. Please arrive 15 minutes before the listed departure time. All trips depart from & return to the Glassboro Senior Center. We try to estimate the return time the best we can, which can be affected by traffic & other circumstances. Please note: The return time is the best estimate we can provide. Please meet in the Senior Center to check in for the trip and names will be called in sign up order once we are ready to load the bus.

It is required every person exit the bus when the bus is dropping us off at any location. No one can stay on the bus alone or while the bus is parked.

## MOVIES at the Senior Center

Please see the front page of the calendar for this month's dates & times!

Free Movie. \$1 Snack. No sign up required.



## BINGO!!

Please see front page of calendar for this month's dates & times!

\$3 Donation for Holiday Bingos – Sign up required for Holiday Bingos

\$2 Donation to Regular Bingo. Pay when you show up for Regular Bingo.

Minimum 8 people needed to play. Bingo is approximately 1-1½ hours



## HOW DO TRIP WAIT LISTS WORK?

If all seats for a trip sell and the trip is full, we keep a wait list.

The wait list is the best way to keep this as fair as possible for all.

Our trip sign-ups are first come-first serve with payment. If a trip fills and you are interested in that trip, please let us know. We highly recommend putting your name on the wait list. If someone cancels and a spot becomes available on a trip, we will call those on the wait list to see if they are still interested in the trip and if they would like to go. You do not pay anything for your name to be put on the wait list and there is no obligation to go on the trip. This is just an interest list to help us fill cancelled seats so the person cancelling has a chance of receiving a refund once we fill the seat with another paying traveler.

## **“DISNEY’S FANTASIA IN CONCERT” @ MARIAN ANDERSON HALL**

FRIDAY, JANUARY 2, 2026

**UPDATED DEPARTURE TIME: 5:15pm** Return: 10:30pm COST: \$84.00

This trip includes motor coach transportation on a 54-passenger bus & show ticket. See this enchanting animated film as the Philadelphia Orchestra performs the irresistible score live. **WAIT LIST ONLY**

**Everyone signed up has been called directly with new departure time of 5:15pm.**

## **THE NEW LEAF TEA ROOM & GIFT SHOPPE**

THURSDAY, JANUARY 15, 2026

Depart: 11:30am Return: 3:15pm COST: \$47.00

**WE ARE USING THE PARKS & RECREATION BUS FOR THIS TRIP**

The New Leaf Tea Room and Gift Shoppe is nestled within the heart of the quaint downtown of Riverton, NJ. Enjoy a scrumptious tea which includes assorted tea sandwiches. **WAIT LIST ONLY**

## **RESORTS CASINO, ATLANTIC CITY**

THURSDAY, JANUARY 22, 2026

Depart: 9:30am Return: 4:30pm COST: \$27.00



This trip includes motor coach transportation on a 54-passenger bus & \$20 slot play. Enjoy the day out of the cold and in the exciting Resorts Casino! With over 1,300 slot games and a reputation as the “luckiest casino” for slots in Atlantic City, there’s no better place to play. Check out the hottest progressive games Blackjack, Craps, Four Card Poker, Roulette & more, there is a table for everyone. Resorts Casino is connected by an indoor walkway to Hard Rock Hotel & Casino as well so you don’t have to go out in the cold and have 2 places to try your luck.

Lunch is on your own.

**SIGN UP ANYTIME DURING OUR BUSINESS HOURS IN THE OFFICE**

**FIRST COME, FIRST SERVE. PAYMENT DUE IN FULL TO SIGN UP.**

# BOOTH'S CORNER INDOOR FARMER'S MARKET

FRIDAY, JANUARY 30, 2026

Depart: 12pm Return: 4pm

COST: \$5.00 (cash only)



WE ARE USING THE PARKS & RECREATION BUS FOR THIS TRIP.

We're taking a short afternoon shopping trip to pick up your favorite things at Booth's Corner. This is a great short indoor trip for winter. You'll have about 2 hours to shop before heading home. For over 50 years, Amish and area merchants have traveled to Booths Corner each week to sell their home-baked goods, hand-picked fruits and vegetables, and fresh sliced meats and cheeses. But that is not all... You'll meet dozens of merchants displaying their products. Jewelry, comic books, flags, candles, craft items and so much more. And that's just the beginning of the unique items, wonderful food and outstanding values you'll find at Booths Corner Farmers Market. We'll be home in plenty of time for sunset which is 5:18pm.

SIGN UP ANYTIME DURING OUR BUSINESS HOURS IN THE OFFICE

FIRST COME, FIRST SERVE. PAYMENT DUE IN FULL TO SIGN UP.

# CRACKER BARREL RESTAURANT, PENNSVILLE, NJ



FRIDAY, FEBRUARY 6, 2026

Depart: 11:30pm Return: 3pm

COST: \$5.00 (cash only)

WE ARE USING THE PARKS & RECREATION BUS FOR THIS TRIP.

Whether you enjoy all day breakfast or lunch, Cracker Barrel Restaurant has that Southern comfort food & flare. Offering warm welcomes and friendly service, there is something for everyone on this menu. Choose their famous breakfast platters or their delicious chicken n' dumplings, fried chicken, pot roast and so much more. Enjoy time to shop in the old country themed store. Shop home décor, clothing, toys, kitchen wares and vintage soda pops & candies. It's like taking a step back in time in a modern world. Lunch is on your own. Eat and shop at your own convenience during our time at Cracker Barrel. Enjoy a couple hours together out of the house. We'll be home in plenty of time for sunset which is 5:25pm.

SIGN UP ANYTIME DURING OUR BUSINESS HOURS IN THE OFFICE

FIRST COME, FIRST SERVE. PAYMENT DUE IN FULL TO SIGN UP.



# MARDI GRAS BINGO



TUESDAY, FEBRUARY 17, 2026 @ 12:15PM

COST: \$3.00(CASH ONLY)

**Let's Celebrate Mardi Gras! Play 10 games of BINGO!**

**Dessert & Bottled Water Included.**

Bring a non-perishable item the day of bingo to be entered to win one of our door prizes!

**SIGN UP WITH PAYMENT BY FRIDAY, FEBRUARY 6, 2026**

(We can sign up 50 people maximum)

# TURKEY HILL EXPERIENCE & HINKLE'S RESTAURANT

WEDNESDAY, FEBRUARY 25, 2026

Depart: 9am Return: 5:30pm

COST: \$54.00



WE ARE USING THE PARKS & RECREATION BUS FOR THIS TRIP.

This trip includes the full Turkey Hill Experience & lunch at Hinkle's Restaurant. We're starting our day heading to the Turkey Hill Experience in Lancaster County, PA. The Turkey Hill Experience features interactive exhibits. Enjoy plenty of unlimited samples of iced tea and ice cream all while learning about Turkey Hill's history and how their products are made. Enjoy your own ice cream creation while our instructor gives you an "Ice Cream 101", class then journey through the world of all things tea. Sample all the flavors you choose of ice cream and iced tea during our scheduled time. The ice cream lab is NOT allergen free and contains tree and ground nuts. Next, we're headed a few minutes down the road to Hinkle's Restaurant for lunch which is also included. Hinkle's is a warm and welcoming family-owned restaurant. Your meal includes your beverage and entrée choice at the restaurant. The menu has over a dozen options to choose from sandwiches, salads, burgers, platters and more! After we have our fill, enjoy some shopping time in their gift shop. Murphy's Mercantile & Co. was inspired by old-time general stores from the days of Hinkle's. Murphy's offers a variety of gifts, candy and other items that bring customers back in time.

SIGN UP ANYTIME DURING OUR BUSINESS HOURS IN THE OFFICE  
FIRST COME, FIRST SERVE. PAYMENT DUE IN FULL TO SIGN UP.

# HISTORIC KING GEORGE II INN / RESTAURANT



THURSDAY, MARCH 26, 2026

Depart: 11:15am Return: 3:30pm

COST: \$45.00

WE ARE USING THE PARKS & RECREATION BUS FOR THIS TRIP.

Step back in time and enjoy a memorable day trip designed especially for our senior community with a visit to the historic King George II Inn in Bristol, PA. Founded in 1681, this remarkable landmark has achieved milestones few restaurants will ever reach – serving guests from colonial times, before there was even a United States, all the way to the present day. Rich in history and charm, the Inn is known for its warm atmosphere, exceptional food, and longstanding traditions of hospitality. You will enjoy a delicious included lunch featuring a fresh salad, choice of entrée, and a beverage of choice, including coffee, tea, iced tea and soda. This relaxing and enriching outing offers wonderful food, fascinating history, and great company – an experience you won't want to miss. Sign up early and treat yourself to a taste of living history!

**ENTRÉE CHOICE REQUIRED AT SIGN UP.**

**Filet Sole**-stuffed with jumbo lump crab meat & tarragon cream sauce

**Chicken Parmesan**-topped with tomatoes, fresh mozzarella & sauce

**Stuffed Bell Pepper**-quinoa, black beans, mango & pepper jack cheese

SIGN UP ANYTIME DURING OUR BUSINESS HOURS IN THE OFFICE

FIRST COME, FIRST SERVE. PAYMENT DUE IN FULL TO SIGN UP.

## **SHERLOCK HOLMES @ WALNUT STREET THEATRE**

WEDNESDAY, FEBRUARY 11, 2026

Depart: 12:30pm Return: 5pm COST: \$85.00

This trip includes motor coach transportation on a 54-passenger bus & show ticket. Join us for an *adventure* at the Walnut Street Theatre. Intrigue, adventure, and comedy unfold in *SHERLOCK HOLMES: THE GREAT DETECTIVE*. **WAIT LIST ONLY**

## **DISNEY'S BEAUTY AND THE BEAST @ ACADEMY OF MUSIC**

WEDNESDAY, FEBRUARY 18, 2026

Depart: 12pm Return: 5pm COST: \$115.00

This trip includes motor coach transportation on a 54-passenger bus & show ticket. Step into this magical and ageless story! Be Our Guest at BEAUTY AND THE BEAST. **WAIT LIST ONLY**

## **PHILLY FLOWER SHOW "ROOTED"**

WEDNESDAY, MARCH 4, 2026

Depart: 9:45am Return: 3:30pm COST: \$63.00

This trip includes motor coach transportation on a 54-passenger bus & Flower Show ticket.

**THIS TRIP HAS BEEN CANCELLED DUE TO LACK OF INTEREST.**

**All those signed up have been notified directly.**

## **AMERICAN MUSIC THEATER "MENOPAUSE 2" & MILLER'S SMORGASBORD**

THURSDAY, MARCH 19, 2026

Depart: 9:30am Return: 6pm COST: \$146.00

This trip includes motor coach transportation on a 54-passenger bus, buffet luncheon & Show ticket.

**WAIT LIST ONLY** \$36 3<sup>rd</sup> pymt due 1/9/26. \$35 final pymt due 2/2/26.

## **"THOSE OLDIES BUT GOODIES" – DOO WOP TO DISCO THE SHORE CLUB, SPRING LAKE, NJ**

TUESDAY, APRIL 7, 2026

Depart: 9:15am Return: 5:30pm COST: \$120.00

This trip includes motor coach transportation on a 54-passenger bus, full-service sit-down lunch, one-hour open bar plus extra wine hour, dessert, coffee and tea. **WAIT LIST ONLY**

\$60 balance due by Friday, February 20, 2026

## **"JOSHUA" @ SIGHT & SOUND THEATER**

THURSDAY, APRIL 16, 2026

Depart: 10am Return: 7:30pm COST: \$164.00

This trip includes motor coach transportation on a 54-passenger bus, buffet luncheon & show ticket.

Join us to experience one of the best that Pennsylvania Dutch cooking has to offer at the newly updated Hershey Farm Restaurant. Then, we are hopping back on the bus to go next door to Sight &

Sound Theater for a spectacular experience, JOSHUA. **WAIT LIST ONLY**

\$40 2<sup>nd</sup> pymt due 1/9/26 \$40 3<sup>rd</sup> pymt due 2/6/26 \$39 final pymt due 3/3/26

# Spotlight on French Riviera

**October 8-16, 2026 (Filled / No Wait List)**

**November 5-13, 2026 (Seats Available)**

**Tour Includes: All Ground & Air Transportation, 9 Days/1 Hotel, 12 Meals**

Uncover the chic resorts, sun-soaked beaches and elegant allure that attracts the rich and famous to the exquisite French Riviera. Unpack for a leisurely multi-night stay, embracing the luxury and breathtaking beauty of the French Riviera, or Côte d'Azur. Spend time in the fairy-tale principality of Monaco. Discover the opulence of Villa Ephrussi de Rothschild and Gardens. Get a glimpse into the lives of the rich and famous in Cannes. Watch artisans create fragrant perfumes. Enjoy leisure time to explore on your own. It's time you lived a little bit of the good life. \*\*\*To sign up, you MUST have your original, valid passport.\*\*\*

We will not accept anyone signing up without seeing your passport in person. Due to airline regulations, your name must match your passport exactly or you will incur the penalty fees. \$3,999 per person/Double Occupancy \$4,699 Single Occupancy \$3,949 Triple Occupancy  
**To sign up, \$698 deposit due & Optional Insurance \$549 per person**

## GLASSBORO SENIOR CENTER T-SHIRTS!

**ORDER BY JANUARY 16TH!**

**COST: \$8.00 EACH**

PAYMENT DUE AT PICK UP WHEN SHIRTS  
COME IN APPROX. MID-FEBRUARY.



Show your Glassboro Senior Center community spirit in style with our brand-new T-shirts! These eye-catching bright lime green shirts truly stand out and feature bold white lettering with Glassboro Senior Center arched around the fun phrase "Movin' & Groovin'." There's a comfortable fit for everyone in available unisex sizes Small – 3XL. Grab one (or two!) and celebrate being part of our wonderful senior center community!