



**Gloucester County Department
of Health & Human Services**

Division of Senior Services



📍 115 Budd Blvd.
West Deptford, NJ 08096
☎ (856) 384-6900

✉ seniors@co.gloucester.nj.us
💻 gloucestercountynj.gov
📱 @GloucesterCountyNJ

PROGRAMS AND SERVICES

ADRC - Toll Free 1 (877) 222-3737

Aging & Disability Resource Connection



DIVISION OF SENIOR SERVICES

The Gloucester County Division of Senior Services provides information and assistance to Gloucester County residents 60 years of age or older, their caregivers, and their families.

Our mission is to enhance the quality of life, improve the level of care, and protect and preserve the human dignity of Gloucester County's adults aged 60 and above.

We offer this guide of home and community-based services to assist our senior residents in making informed choices that will help them attain optimal health and independence.



Gloucester County's Division of Senior Services is an Aging and Disability Resource Connection (ADRC) Agency for older adults, individuals with disabilities, and caregivers. It provides them with information, advice, options counseling, and other services to help them make informed decisions about public and private long-term support and services.

The Division of Senior Services is a one-stop, single point of entry that opens doors into the long-term care system of home and community services available to New Jersey seniors.

ADRC has a toll-free number that can connect you with a representative who can help you learn about and apply for important programs and benefits.

Aging & Disability Resource Connection (ADRC)
(856) 384-6900 or Toll-Free: 1-(877)-222-3737

INFORMATION AND ASSISTANCE



Our Information and Assistance staff are here to answer your questions and needs or connect you to entities that can address them.

- ✓ Home & Community Services Eligibility Process
 - Benefit screening, in-home assessment
- ✓ Caregiver Support and Assistance
- ✓ Care Planning and Care Coordination
- ✓ Outreach to the Elderly
- ✓ Short-term Home Care
- ✓ Serv-A-Tray home-delivered meals and weekend meals
- ✓ Guidance Assistance for Long-Term Care
- ✓ Senior Photo ID
- ✓ Social Activities
- ✓ Free Will Program
- ✓ Health Promotion

INFORMATION AND ASSISTANCE

- ✓ Eligibility for long-term services and support
- ✓ Farmer's Market Program Annual Distribution
- ✓ Emergency Assistance (food vouchers, utility assistance, fans, heaters, etc.)
- ✓ Help with completing applications
- ✓ Information about Adult Protective Services (elder abuse, neglect, financial exploitation)
- ✓ Volunteer Opportunities

For more information or to discuss any questions or concerns, please call (856) 384-6900. The I&A Unit can help you learn about available programs and services.

CAREGIVER SUPPORT PROGRAM



The Gloucester County Caregiver Support Program provides support and assistance to caregivers and helps them access services to help them maintain individual caregiving needs.

SERVICES

- Information, assistance, and guidance to navigate through the system of available in-home support services for the caregiver's loved ones
- Access to supplemental services to ease the strain on the caregiver
- Individual counseling and support
- Monthly caregiver support group – "Circle of Caring"
- Grandparents Raising Grandchildren Support Program and monthly support group

For information on the Caregiver Support Program, please call the Caregiver Specialist at (856) 686-8338

CAREGIVER SUPPORT PROGRAM

The following are programs and services that benefit caregivers. These programs are subject to clinical and financial eligibility.

- **Managed Long-Term Services and Supports (MLTSS):** provides in-home services to seniors at risk of placement in a nursing home.
- **Jersey Assistance to Community Caregivers (JACC):** provides in-home services to seniors at risk of placement in a nursing home.
- **Statewide Respite:** provides respite care for elderly and functionally impaired persons aged 18 and older to relieve their unpaid caregivers of stress arising from providing daily care.
- **Adult Day Services Program:** assists caregivers of people with Alzheimer's or related disorders by providing subsidized adult day services.

For information, please call (856) 686-8338

NUTRITION PROGRAM

Six nutrition sites operate Monday through Friday, serving hot, well-balanced, nutritious lunchtime meals, activities, and socialization.

Site #1:

Mantua Community Center

111 East Mercer Ave.

Mantua, NJ 08051

(856) 468-4773

Serving Time: 12:00 p.m.

Site #2:

Glassboro Senior Center

152 South Delsea Dr.

Glassboro, NJ 08028

(856) 881-6610

Serving Time: 11:00 a.m.

Site #3

Greenfields Volunteer Fire Company

31 Budd Boulevard

West Deptford, NJ 08096

(856) 853-6496

Serving Time: 11:00 a.m.

NUTRITION PROGRAM

Site #4

Pfeiffer Community Center

301 Blue Bell Rd.

Williamstown, NJ 08094

(856) 728-1140

Serving Time: 11:00 a.m.

Site #5

First Baptist Church of Jericho

981 Mail Ave.

Deptford, NJ 08096

(856) 468-1648

Serving Time: 11:00 a.m.

Site #6

Second Baptist Church

1540 Swedesboro Ave.

Paulsboro, NJ 08066

(856) 423-3387

Serving Time: 11:00 a.m.

A donation of \$1.25 is accepted for each meal; however, this is purely voluntary, and there is no obligation to contribute. Privacy and confidentiality with respect to contributions are guaranteed. All collected contributions will be used to expand the services and supplement funds received under the Older Americans Act.

**If interested in attending or for more
information, please call (856) 686-8327 or
email: seniors@co.gloucester.nj.us**

OUTREACH TO THE ELDERLY



Provides in-home and alternate site assistance and screening to homebound individuals unable to seek help for themselves. Home or other location site visits offer seniors access to information and assistance, care management, and connections to other services to enhance their quality of life.

SERVICES

- Information and Assistance - homebound seniors will gain knowledge of available services and resources.
- Help with completing applications for entitlements such as Lifeline, PAAD, Low Income Energy Assistance, SNAP Food Benefits, and Housing Authority.
- Emergency assistance - addresses seniors in need of emergency food, utilities, and fuel.

**For information on the Outreach Program,
please call (856) 686-8348 or email:
seniors@co.gloucester.nj.us**

SERV-A-TRAY HOME DELIVERED MEALS

If you are disabled, homebound, or temporarily recuperating from illness, SERV-A-TRAY can help. SERV-A-TRAY delivers hot, nutritious lunchtime meals to eligible county residents with the help of many volunteers. These fresh meals are prepared and delivered Monday through Friday. In addition, weekend and holiday meals are frozen and are delivered on Friday. Dedicated volunteers help provide meals each weekday, with drivers receiving mileage reimbursement. If you are interested in volunteering, please call the number below.

Program Requirements

- ✓ Gloucester County residents aged 60+
- ✓ Homebound
- ✓ Must be on a regular diet

A \$1.25 donation is requested for each meal. However, there is no obligation to contribute. Your ability or inability to contribute will not affect your service requests. Confidentiality will be maintained with respect to contribution or lack of. Contributions will be used to maintain the Nutrition Program.

**For information on SERV-A-TRAY, please
call (856) 686-8323 or email:
seniors@co.gloucester.nj.us**

PLACEMENT SERVICES



This program provides information and assistance for Gloucester County residents seeking private placement or placement of a loved one in an Assisted Living facility or Skilled Nursing Home facility. In addition, interested participants and family members can meet with the Aging and Disability Resource Connection (ADRC) staff in the comfort of their own homes throughout the decision-making process.

SERVICES

- Guidance on when to consider long-term care placement in assisted living or nursing home facility, as well as advice on when to visit and what to observe
- Access to websites that provide “report cards” for Gloucester County skilled nursing facilities
- Lists of Skilled Nursing and Assisted Living facilities throughout the state

For information on Placement Services, please call (856) 686-8338 or email: seniors@co.gloucester.nj.us

ARE YOU PREPARED AND READY TO RESPOND IN AN EMERGENCY SITUATION?

The Division of Senior Services is a resource agency for our senior community members who may need extra support during an emergency or natural disaster. Our mission is to ensure that everyone can access mass care shelters, understand emergency information, evacuate safely, and receive recovery information.

New Jersey has developed a state-wide registry known as "Register Ready." It is voluntary and free of charge to all State residents. The registry will aid emergency responders in locating residents who may need assistance in evacuating and/or who lack adequate assistance from families and caregivers. In addition, you should register if you may find it difficult to get to safety with family or friends or a public shelter during an emergency evacuation.

Remember, your priority should be to relocate with a family member or friend first.

For information on how to register and prepare for an emergency, please call (856) 307-7100

HEALTH PROMOTION



Active Aging

Staying active changes the way we age within all areas of life - physical, emotional, intellectual, vocational, and social. The programs listed here are some of the ways to remain active and healthy.

Glassboro Senior Center offers physical activities and socialization made possible by funding through our Area Plan Grant and the Older Americans Act. Activities are available to seniors from any Gloucester County municipality. **Please call (856) 881-8504 ext. 3 for more information.**

The **Stress-Busting Program for Family Caregivers™** is designed for family caregivers of persons with Alzheimer's and Dementia. If you care for a loved one, this program will teach stress management, relaxation, and coping strategies. **Please call (856) 468-1742 for more information.**

HEALTH PROMOTION

The Gloucester County Department of Health offers many programs for senior residents:

- › **Senior Health Promotion:** a community outreach program that offers health screening for blood pressure, glucose, and cholesterol.
- › **Step By Step Walking Program:** designed for those age 60+, this is a one hour per week program lasting for six weeks.
- › **Tai Chi:** this six-week program is designed for seniors and focuses on teaching mobility, breathing, and relaxation techniques with slow movements that provide a continual challenge. The program goals are improved balance and flexibility to reduce the risk of falls.
- › **Sunrise Yoga:** a very gentle type of yoga designed to help you relax and improve your well-being. Scheduled classes are held one hour per week for six weeks.

For information on the programs above, please call (856) 218-4106

ELDER ABUSE, NEGLECT, AND FINANCIAL EXPLOITATION

Older adults can be vulnerable and at risk for abuse, neglect, or financial exploitation if they cannot fully protect or care for themselves. Vulnerable seniors can be found living alone or with others. Sometimes, a family member may be the source of abuse or neglect of a vulnerable senior.

These individuals are subject to harm as they cannot protect themselves, and their basic needs may not be adequately provided for. In addition, some adults are vulnerable due to self-neglect.

Adult Protective Services receives funding through the Older Americans Act to receive and investigate reports of suspected abuse, neglect, or exploitation.

**If you are aware of or suspect abuse of any kind,
please call Adult Protective Services at (856)
256- 2271**

AmeriCorps Seniors/RSVP & SHIP

AmeriCorps Seniors is a voluntary placement program that connects today's seniors over 55 with organizations that need them most. Volunteers receive guidance and training from contributing that suits their talents, interests, and availability.

AmeriCorps Seniors/RSVP has a direct service program called the State Health Insurance Program (SHIP) that offers Medicare counseling services for residents on Medicare due to age or disability. Program counselors are trained and certified by Medicare to counsel on billing, insurance choices, appeals, prescription company selections, and supplemental and Advantage Plans.

Sponsored by Rowan College of South Jersey, AmeriCorps/RSVP is now located at the Division of Senior Services at 115 Budd Blvd. to readily assist seniors.

For information on AmeriCorps Seniors/RSVP or SHIP, please call (856) 468-1742

BLIND/VISUALLY IMPAIRED PROGRAM

Care Management Services are available to assist blind or visually impaired seniors and their families. In addition, supportive counseling services assist in resolving temporary stress situations, improving relationships, and general coping with the problems that visual impairment presents.

The BVI social worker facilitates four blind/visually impaired support groups in Gloucester County that meet for socialization and activities. In addition, monthly meetings are held at Shady Lane Home in Clarksboro, where the BVI Center is located.

For information about services for blind or visually impaired seniors, please contact the BVI social worker at (856) 384-6843

LEGAL SERVICES



The Gloucester County Division of Senior Services administers a program that provides simple wills, free of cost, for County residents aged 60+.

For information on the Free Wills Program, please call the coordinator at (856) 686-8330

Other civil legal services are available to low-income seniors of Gloucester County through South Jersey Legal Services, Inc. (SJLS) - Gloucester County Office, a non-profit law firm that the Division of Senior Services contracts with to provide legal assistance to county residents over the age of 60 who meet established guidelines.

**ALL NEW APPLICANTS FOR SERVICES MUST FIRST
CONTACT THE INTAKE UNIT
MONDAY-FRIDAY, 8:30 AM TO 4:00 PM
1-800-496-4570**



Gloucester County Board of Commissioners

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The County of Gloucester complies with all state and federal rules and regulations against discrimination in admission to, access to, or operations of its programs, services, and activities. In addition, the County encourages participation of people with disabilities in its programs and activities and offers special services to all residents 60 years of age and older. Inquiries regarding compliance may be directed to the County's ADA Coordinator at (856) 384-6842/New Jersey Relay Service 711.