



Senior Happenings

NEWSLETTER

Gloucester County Division of Senior Services, 115 Budd Boulevard, West Deptford, NJ 08096



**Department of
Health and Human Services**

Division of Senior Services

115 Budd Boulevard

West Deptford, 08096

phone: (856) 384-6900

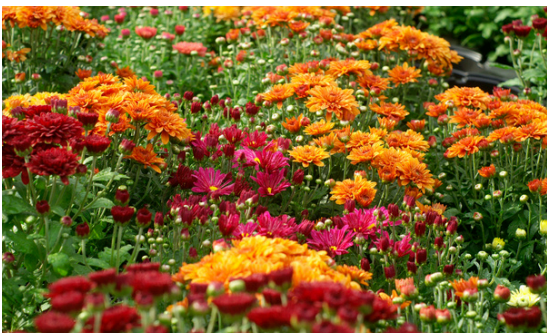
email: seniors@co.gloucester.nj.us

www.gloucestercountynj.gov

**Gloucester County
Board of Commissioners**

Frank J. DiMarco, Director

Jim Jefferson, Deputy Director/Liaison



Holiday Parties for 2025

Celebrate the season at the annual Gloucester County Senior Holiday Parties! The Gloucester County Board of Commissioners is excited to host this year's events on **December 2, 3, 9, 10, and 16**. The parties will be held at Sapphire Grand (formerly Auletto Caterers) in Deptford.

Tickets are \$3 each and are available for Gloucester County residents age 60 and over. Sales start on **November 5** and are available on a first-come, first-served basis. You can purchase your tickets at the Division of Senior Services office or at any of the six nutrition sites in the county during their hours of operation. Tickets will also be available for purchase online at gloucestercountynj.gov.

For more details, contact the Gloucester County Division of Senior Services at (856) 384-6900 or email seniors@co.gloucester.nj.us.

Fall Senior Picnic

The Gloucester County Board of Commissioners hosted the annual Senior Fall Picnic at Red Bank Battlefield in National Park. The event, held in September, offered participants a fantastic opportunity to socialize and enjoy a day filled with outdoor activities amidst the beautiful surroundings of the park. Attendees were treated to live entertainment featuring a live band and a DJ who kept the crowd entertained with line dancing and sing-alongs that got everyone involved. With over 1,600 seniors joining us, the event was a resounding success. We extend our heartfelt thanks to everyone who attended and look forward to welcoming you again at our picnics in 2026!



Join Us at the Caregiver Expo

The Gloucester County Division of Senior Services is proud to announce its upcoming **2025 Caregiver Expo**, a premier event dedicated to providing essential resources and support for caregivers in the community. This expo is designed to be a comprehensive, one-stop destination for family members and professionals who provide care for older adults and individuals with disabilities. The event will be held on **Friday, November 14, 2025, from 9:00 a.m. to 12:00 p.m.** at Rowan College of South Jersey (RSCJ) Gloucester Campus, in the Eugene J. McCaffrey College Center. Attendees will have the opportunity to connect directly with a diverse range of vendors, community partners, and experts, gaining valuable information on topics ranging from navigating local services to accessing financial and legal resources. The event will also feature giveaways, resources, health screenings, and light refreshments. This expo showcases the county's commitment to supporting caregivers and their loved ones, equipping them with the essential tools and resources to navigate their caregiving journey successfully.

Free Health Screenings and Information

The Gloucester County Department of Health provides free health screenings and information at the Gloucester County Store, located in the Deptford Mall, on the first Friday of each month from 10:00 a.m. to 12:00 p.m. Screenings include:

Blood Pressure

The early detection of heart disease can be achieved by regularly monitoring blood pressure. A regular blood pressure check can also detect any abnormalities in blood pressure levels. Early detection is essential for reducing the risk of heart attacks and strokes.

Glucose & Cholesterol Testing

Tests for cholesterol and diabetes should be done every 1–2 years, depending on risk factors, for people over 50. Regular screening helps maintain heart health and overall well-being.

For more information, please call the Health Department at (856)218-4106.

Free Eye Screenings

The Gloucester County Division of Human & Special Services, in collaboration with the New Jersey Commission for the Blind, offers free eye screenings to the public (ages 4 and up) once a month, with no income requirements.

The screenings take place at the Gloucester County Health Department, located at 204 East Holly Avenue, Sewell, NJ 08080. Glaucoma tests are also available. **To schedule an appointment or for more information, please call (856) 384-6847**

Prescription Savings with NJSave

SAVE MONEY ON PRESCRIPTIONS!

The Pharmaceutical Assistance to the Aged and Disabled (PAAD)

program reduces copays for covered prescriptions to \$5 for generic drugs and \$7 for brand name drugs, and pays Part D premiums for select plans and some late enrollment penalties.

PAAD also lowers costs during the Part D deductible, coinsurance, and donut-hole phases.

The Senior Gold Prescription Discount Program

is a state-funded prescription discount program to make Medicare prescription drug coverage more affordable.

Senior Gold is for those with incomes \$10,000 higher than for PAAD. Out of pocket costs are reduced to a \$15 copay plus half of the remaining cost of prescription, or capped at \$15 in the Senior Gold catastrophic phase.



Scan here for
PAAD



Scan here for
Senior Gold

For more information call
866-NJSAVE-5 or **866-657-2835**.

Visit njsave.org to apply and find more savings.



As you plan for the coming year, it's a great time to ensure you're taking advantage of all the benefits available to you. The State of New Jersey offers the **Pharmaceutical Assistance to the Aged and Disabled (PAAD)** and **Senior Gold Prescription Discount** programs to help eligible seniors with their prescription drug costs. These programs can significantly reduce your out-of-pocket expenses.

How They Work:

PAAD helps with the cost of prescriptions and can cover some Medicare Part D plan premiums. With PAAD, your co-pay is limited to just \$5 for generic drugs and \$7 for brand-name drugs. Senior Gold is for those with slightly higher incomes and works as a discount program. It can help lower co-pays for prescriptions and assist with out-of-pocket costs, especially if you fall into the Medicare "donut hole".

How to Apply:

The easiest way to apply for both of these programs, along with other benefits like the Lifeline Utility Assistance Program, is through the NJSave online application. This one-stop application allows you to screen for and apply to multiple programs at once.

For questions or to receive assistance with your application, you can contact the State Health Insurance Program (SHIP) through the AmeriCorps Seniors RSVP program at (856) 468-1742





www.GloucesterCountyNJ.gov

**Gloucester County
Board of Commissioners**

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Division of Senior Services

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The Division of Senior Services is open

Monday through Friday from 8:30 AM to 4:00 PM.

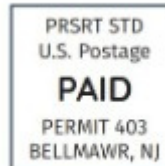
Services are available to all residents of Gloucester County who are 60 years of age and older, regardless of race, color, or national origin, in compliance with Title III of the Older Americans Act.



SCAN



The County of Gloucester complies with all state and federal rules and regulations against discrimination in admission to, access to, or operations of its programs, services, and activities. In addition, County encourages participation of people with disabilities in its programs and activities and offers special services to all residents 60 years of age and older. Inquiries regarding compliance may be directed to the County's ADA Coordinator at (856) 384-6842/ New Jersey Relay Service 711.



NJ Division of Aging Services x GetSetUp

Free Virtual Classes for Older Adults

The New Jersey Division of Aging Services has partnered with GetSetUp to provide free virtual classes for older adults taught by peers - ask questions, make new friends, learn new things and have fun.



GetSetUp

Try an Online Class Today!
www.getsetup.io/partner/NJ

Live Classes Taught by Older Adults Across Multiple Categories

Aging in Place
Communication
Cooking
Creativity
Financial Planning
Health and Wellness
Fitness

Music
Photography
Social Hours
Social Media
Technology Travel
Business



State of New Jersey
Phil Murphy, Governor
Tahesha Wyatt, Lt. Governor



Department of Human Services
Sarah Adelman, Commissioner

NJ Division of Aging Services

Call for Volunteers

Would you like to give back to your community? Volunteer at Gloucester County Senior Services! Volunteers are needed for the Nutrition and Serv-A-Tray (home-delivered meal) programs, as well as at the Senior Services Office.

If interested, or to find out more information about these volunteer opportunities, please call (856) 384-6900 or email seniors@co.gloucester.nj.us

VOLUNTEER