



Senior Happenings

FALL NEWSLETTER 2024

Gloucester County Division of Senior Services, 115 Budd Boulevard, West Deptford, NJ 08096



Department of Health and Human Services

Division of Senior Services

115 Budd Boulevard

West Deptford, 08096

phone: (856) 384-6900

email: seniors@co.goucester.nj.us

www.goucestercountynj.gov

Gloucester County Board of Commissioners

Frank J. DiMarco, Director

Jim Jefferson, Deputy Director/Liaison



Holiday Parties for 2024

The Gloucester County Board of Commissioners is excited to announce the annual Senior Holiday Parties, which will take place on **December 3, 4, 10, 11, and 17** at Sapphire Grand (Formerly Auletto Caterers) in Deptford.

Tickets will be available for \$3 each and are limited to Gloucester County residents aged 60 and over. Ticket sales begin on **October 29** on a first-come, first-served basis and will be available for purchase at the Division of Senior Services office or any of the six nutrition sites within the county during hours of operation or via the county website at www.goucestercountynj.gov.

For more information, please contact the Gloucester County Division of Senior Services at (856) 384-6900 or email seniors@co.goucester.nj.us.

Fall Senior Picnic

The Gloucester County Board of Commissioners proudly hosted the annual Senior Fall Picnic at Red Bank Battlefield in National Park on September 18.

The event offered participants a fantastic opportunity to socialize and enjoy a day filled with outdoor fun amidst the beautiful surroundings. Attendees were treated to live entertainment featuring a live band and DJ who kept the crowd entertained with line dancing and sing-alongs that got everyone involved. With over 1,600 seniors joining us, the event was a resounding success.

We extend our heartfelt thanks to everyone who attended and look forward to welcoming you again at our picnics in 2025!



Free Health Screenings and Information

The Gloucester County Department of Health provides the free health screenings and information at the Gloucester County Store, located in the Deptford Mall, on the first Friday of each month from 10:00 a.m. -12:00 p.m. Screenings include:

Blood Pressure

The early detection of heart disease can be achieved by monitoring blood pressure regularly. A regular blood pressure check could also detect any abnormalities in the levels. Early detection is essential for reducing the risk of heart attacks and strokes.

Glucose & Cholesterol Testing

Tests for cholesterol and diabetes should be done every 1-2 years, depending on risk factors for people over 50. Screening regularly ensures heart health and overall well-being.

For more information, please call the Health Department at (856)218-4106.

Upcoming Fall Craft Classes

Join us for a delightful session of crafting decorative fall signs. Each participant will receive all the necessary materials and guided instruction. This event is open to all Gloucester County residents aged 60 and above.

Wednesday, November 6 @ 10:30 am

Mantua Community Center - 111 E. Mercer Ave. Sewell, NJ 08080

Tuesday, November 12 @ 9:30 am

Pfeiffer Community Center - 301 Blue Bell Rd. Williamstown, NJ 08094

Wednesday, November 13 @ 9:30 am

Glassboro Senior Center - 152 S. Delsea Dr. Glassboro, NJ 08028

Thursday, November 14 @ 9:30 am

Thorofare Fire Hall - 100 Firehouse Rd. Thorofare, NJ 08086

Monday, November 18 @ 9:30 am

First Baptist Church of Jericho - 981 Mail Ave. Deptford, NJ 08096

Tuesday, November 19 @ 9:30 am

Second Baptist Church - 1540 Swedesboro Ave. Paulsboro, NJ 08066

Registration is required to attend. Classes are limited to 25 participants each. To sign up, please contact the Division of Senior Services at (856)384-6900 or email seniors@co.goucester.nj.us.

Low Income Home Energy Assistance Program (LIHEAP)

The Low-Income Home Energy Assistance Program (LIHEAP) helps low-income families and individuals meet home heating and medically necessary cooling costs. This year, the application period is **October 1, 2024, to June 30, 2025**.

To apply for LIHEAP, you can visit www.energyassistance.nj.gov or contact an authorized local community action agency, community-based organization or outreach agency in your county for assistance. Persons over 60 or disabled may receive and return applications by mail or request a home visit from an outreach agency in their county.

In addition, the Division of Senior Services can provide assistance. Applicants for LIHEAP benefits must be responsible for heating or cooling costs, either directly or included in their rent; and have gross income at or below 60% of the state median income. Persons who live in public housing and/or receive rental assistance are not eligible for assistance, unless they pay for their own heating costs directly to the fuel supplier. LIHEAP heating benefit amount is determined by income, household size, fuel type, and heating region.



Questions? Please contact the Division of Senior Services at (856) 384-6900 or email: seniors@co.goucester.nj.us

Free Virtual Classes for Older Adults

The New Jersey Division of Aging Services has partnered with GetSetUp to provide free virtual classes for older adults taught by peers - ask questions, make new friends, learn new things and have fun.



Live Classes Taught by Older Adults Across Multiple Categories

Aging in Place
Communication
Cooking
Creativity
Financial Planning
Health and Wellness
Fitness

Music
Photography
Social Hours
Social Media
Technology
Travel
Business



The County will provide food as needed.



Seniors 60 and over
Cats 6 and over

Gloucester County Animal Shelter
1200 N Delsea Dr. Clayton NJ 08312
856-881-2828
gcas@co.goucester.nj.us



You will be given all supplies needed to start, litter box, bowls food and toys.



Free adoption with our Seniors for Seniors program
All cats will be fixed, microchipped and up to date on vaccines.



Seniors for Seniors

Gloucester County Animal Shelter in conjunction with the Gloucester County Division of Senior Services would like to help our senior citizens adopt a senior cat in need!

A decorative footer at the bottom of the page featuring a repeating pattern of autumn leaves in shades of orange, yellow, and brown.



www.GloucesterCountyNJ.gov

**Gloucester County
Board of Commissioners**

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Division of Senior Services

Eric M. Fisher, Executive Director

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**The Division of Senior Services is open
Monday through Friday from 8:30 AM to 4:00 PM.**

Services are available to all residents of Gloucester County who are 60 years of age and older, regardless of race, color, or national origin, in compliance with Title III of the Older Americans Act.



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New 2024 PAAD income limits increased! Call us for help with saving money through the Pharmaceutical Assistance for the Aged and Disabled (PAAD) and Senior Gold programs

856-468-1742

