

# GLOUCESTER COUNTY TODAY

ALL THE NEWS YOU NEED AND MORE FROM GLOUCESTER COUNTY

## HISTORY COMES ALIVE THIS FALL!

During the third weekend in October, Gloucester County's Revolutionary War history will come to life, with annual events to provide excitement, education, and fun for history buffs, runners, and families alike! Read on to learn about the two historically-inspired races taking place, as well as the family-friendly 18<sup>th</sup> Century Fall Festival.



### Jonas Cattell 10 Mile Run Saturday, October 19

8:00am-Rain or Shine

Mechanic Street & Kings Highway, Haddonfield

This 10-mile run celebrates its 55th anniversary this year. It honors Jonas Cattell, a great American hero who at the age of 18 ran from Haddonfield to National Park to warn the American soldiers of an impending attack on Fort Mercer by the Hessians on October 22, 1777. The scenic 10-mile run starts in Haddonfield and ends at Red Bank Battlefield.

**Pre-registration (\$30) is required.**

For both races, all registered participants will receive a shirt. The top three runners in each age group will also receive a medal. Pre-registration is required and closes at 5:00pm on Friday, October 18. For additional details and to register, please visit <https://runsignup.com/Race/NJ/Haddonfield/JonasCattellMemorialRun> or scan the QR code. For more information, you can also call (856) 251-6710.



### Ft. Mercer 5K Saturday, October 19

8:00am-Rain or Shine

Red Bank Battlefield, 100 Hessian Avenue, National Park

Runners looking for a shorter distance can check out the Ft. Mercer 5K, which starts at Red Bank Battlefield, loops through historic National Park, and ends back at the Battlefield.

**Pre-registration (\$20) is required.**

### 18th Century Fall Festival Sunday, October 20

10:00am-4:00pm (Rain date Sunday, October 27)

Red Bank Battlefield, 100 Hessian Avenue, National Park

Enjoy living history demonstrations, artillery drills, cannon demonstrations, and meeting Revolutionary War soldiers! Learn about the Battle of Red Bank and why New Jersey is called "The Crossroads of the American Revolution." Tour the battlefield and enjoy vendors, food, and fun! This event is free to attend and open to the public. **For more information, call (856) 251-6710.**



## FALL NATURE FUN AT SCOTLAND RUN

As temperatures cool, Commissioner Matthew Weng reminds residents that the Gloucester County Department of Parks and Recreation offers a number of ways for residents of all ages to enjoy Fall at the Scotland Run Park Nature Center, located at 980 East Academy Street in Clayton. Read on to learn about these entertaining and educational programs.

### Nature Discovery Walks

Join Park Naturalist Dr. Dan Duran on a nature walk and explore the trails around the Nature Center, discovering all kinds of animals, including birds, frogs, insects and more. We will also explore the native plant vegetation of the park and how all of these species fit into the larger ecosystem. This program is free to the public and adults and children are welcome! Walks take place from 9:30am to 10:30am on the following dates:

**Tuesday, October 8**  
(registration opens September 27)

**Tuesday, October 22**  
(registration opens October 11)

Registration is required. To register, visit <https://secure.rec1.com/NJ/gloucester-county-nj/catalog> or scan the QR code. For more information, call (856) 251-6710.



### Adult Naturalist Program

Are you interested in learning more about our local wildlife and how you can help conserve biodiversity in your own yard? Join Rowan University Professor Dr. Dan Duran for the Adult Naturalist Program at Scotland Run Park this Fall. Each session includes a presentation inside the Nature Center, as well as outdoor exploration (weather permitting). Programs are from 9:30am to 11:30am on the following dates:

**Thursday, October 10 - Native Plants**  
(registration opens September 27)

**Thursday, October 24 - Salamanders and Frogs**  
(registration opens October 11)

Pre-registration is required. To register, please visit <https://secure.rec1.com/NJ/gloucester-county-nj/catalog> or scan the QR code.



### Fall Paddles

Explore beautiful Wilson Lake and the many wonders it has to offer on a guided paddling tour. Both canoes and kayaks are available. In order to participate in the event, you must be able to operate a canoe or a kayak. This program is free to the public. Paddles take place from 9:30am to 11:30am on the following dates:

**Thursday, October 3**  
(registration opens September 20)

**Thursday, October 17**  
(registration opens October 4)

**Thursday, November 7**  
(registration opens October 25)

**Thursday, November 21**  
(registration opens November 8)

Participants must arrive by 9:15am.

Due to the limited number of boats, registration is required. To register, visit <https://secure.rec1.com/NJ/gloucester-county-nj/catalog> or scan the QR code.



### Nature Tots

Join us as we explore a wide variety of nature topics from snakes to plant life in this special youth program. These lessons are free and include a related craft. Lessons are held from 9:30am to 10:30am and from 11:00am to 12:00pm on the following dates:

**Tuesday, October 1 - Mammals**  
(registration opens September 20)

**Tuesday, October 15 - What Lives In The Leaves**  
(registration opens October 4)

**Tuesday, October 29 - Owls**  
(registration opens October 18)

**Tuesday, November 12 - Eagles**  
(registration opens November 1)

Due to limited space pre-registration is required. To register, please visit <https://secure.rec1.com/NJ/gloucester-county-nj/catalog> or scan the QR code. For more information please call (856) 881-0845.



### Bird Walks

Come search for the many birds that visit or inhabit Scotland Run Park with volunteer birders from the Gloucester County Nature Club! These walks are free of charge and will take place from 8:00am to 9:30am on the following dates:

**Wednesday, October 2**

**Wednesday, October 16**

Registration is not required. Meet at the Nature Center parking lot. Participants are encouraged to bring binoculars.



## DONATIONS NEEDED FOR GLOUCESTER COUNTY ANIMAL SHELTER

Director Frank J. DiMarco urges everyone who is able to help our furry friends at the Gloucester County Animal Shelter (GCAS) by donating. GCAS is in need of supplies for both dogs and cats in order to keep our shelter pets happy and healthy.

Please check out our dog and cat wishlists of items needed below. You can also donate via our Amazon Wishlist by scanning the QR codes. GCAS also accepts monetary and memorial donations.

### Dog Wish List

- Kongs (L and XL)
- Jolly Balls
- Toys for Tough Chewers
- Benebones
- Tennis Balls
- Treats
- Purina Busy Bones
- Martingale Collars (M, L, or XL)
- Leashes (Regular or Slip)
- Nature Gnaws Long lasting Hard Chews
- Dog Crates (L or XL)



### Cat Wish List

- Litter Boxes, Scoops, and Litter
- Bene-bac Plus Pet Gel
- Cat Toys
- Cat Scratchers
- Wet and Dry Kitten Food
- Fox Valley Kitten Formula
- Dawn Dish Soap
- Johnson Baby Shampoo
- Kitten Nurser Bottles
- Miracle Nipple for Kittens
- Pet Heating Pads



GCAS is also working to restock its pet food pantry and is in need of the following items:

- Dry adult dog food (for medium and large breed dogs)
- Wet and dry adult cat food
- Wet kitten food
- Treats
- Kitty litter

To learn more about donating to GCAS, please visit <https://www.gloucestercountynj.gov/211>, scan the QR code, call (856) 881-2828, or email [gcas@co.gloucester.nj.us](mailto:gcas@co.gloucester.nj.us).



## GCAS ANNUAL OPEN HOUSE - PLEASE ADOPT



On **Saturday, October 5**, Director Frank J. DiMarco encourages all residents to attend the **Annual Open House** taking place from 12:00pm to 4:00pm at the Gloucester County Animal Shelter (GCAS), located at 1200 North Delsea Drive in Clayton. The event will feature pet adoptions, free rabies vaccinations (12:00pm to 2:00pm), vendors, food trucks, and activities for kids.

GCAS is in urgent need of residents who are willing to help save a life by adopting one of our shelter animals and giving it a forever home as part of their family. The Annual Open House is a great way to get to know our lovable shelter animals, although adoption opportunities are available at all times by contacting GCAS.

Additionally, from 12:00pm to 3:00pm, the County's next **Microchip Mania** event will take place, offering a convenient opportunity to have your pet microchipped at a discounted price. Vaccinations for distemper and bordetella are also available,

along with flea and tick preventative medication.

Fees for microchipping and vaccination are as follows:

- Microchip \$30
- Distemper (dog/cat) \$15
- Bordetella (dog) \$15
- Flea & Tick (dog/cat, one month) \$30

These fees can be paid with cash or with a debit or credit card. Checks are not accepted. GCAS respectfully asks that dogs not be on retractable leashes and strongly discourages body harnesses for this event.

**Please consider attending GCAS' Annual Open House and supporting our shelter animals. For more information about animal adoption, please visit <https://www.gloucestercountynj.gov/177/> or scan the QR code.**



## DON'T WAIT - GET YOUR FLU SHOT

The 2024 free flu vaccination program from the Gloucester County Department of Health is underway and Deputy Director Jim Jefferson urges residents to get their shot in order to help keep our families healthy during flu season. To maximize the convenience to residents:

- Drive-through clinics help those citizens who have difficulty walking or standing in lines get their shot as well as a measure to prevent the spread of respiratory illnesses.
- Designated preschool/daycare/family clinics are scheduled for families with children 18 years and younger. All family members can get vaccinated at the same time.
- Clinics are scheduled on weekdays, weekends, and during evening hours.

**Registration for this year's flu shot program is 100% electronic with no paper forms and pre-registration is strongly recommended. Please register and complete a flu consent form prior to coming to one of the flu clinics by visiting <https://gloucester.mediatconnect.com/carerequest.aspx> or scanning the QR code.**



### Flu Clinic Schedule

**Monday, October 14**

12:00pm - 3:00pm

**Daycare/preschool/family clinic**

 Gloucester County Health Department  
204 East Holly Avenue, Sewell

**Monday, October 14**

3:30pm - 5:00pm

**Daycare/preschool/family clinic**

 Second Baptist Church  
1540 Swedesboro Avenue, Paulsboro

**Thursday, October 17**

5:00pm - 6:30pm

Monroe Township Public Library

713 Marsha Avenue, Williamstown

**Saturday, October 19**

9:00am - 10:30am

Gloucester County Library

389 Wolfert Station Road, Mullica Hill

**Monday, October 21**

4:30pm - 6:00pm

 Gloucester County Institute of Technology  
1360 Tanyard Road, Sewell

**Tuesday, October 22**

4:00pm - 5:30pm

 Samuel Mickle School  
559 Kings Highway, Mickleton

**Wednesday, October 23**

11:30am - 2:30pm

 Rowan University  
Esby Gymnasium  
300 North Campus Drive, Glassboro

**Thursday, October 24**

5:00pm - 6:30pm

**Drive-through clinic**

 Clayton County Complex  
1200 North Delsea Drive, Clayton

**Monday, October 28**

4:00pm - 5:30pm

 Woodbury High School  
25 North Broad Street, Woodbury

**Tuesday, October 29**

5:00pm - 6:30pm

**Drive-through clinic**

 Woolwich Fire Department Substation  
120 Woodstown Road, Woolwich Township

**Wednesday, October 30**

11:00am - 12:00pm

 Elk Township Municipal Building  
680 Whig Lane, Monroeville


## ANNUAL VETERANS DAY CEREMONY



The Gloucester County Board of Commissioners, along with the Rowan College of South Jersey Gloucester Campus chapter of the Student Veterans of America Club, will host their annual Veterans Day Celebration on **Monday, November 11** at 10:00am. The event will take place in the Physical Education Center on the Rowan College of South Jersey's Gloucester Campus, located at 1400 Tanyard Road in Sewell.

Commissioner Denice DiCarlo, liaison to the Gloucester County Office of Veterans Affairs, invites all residents to attend the celebration, which is free and open to the public.

**For more information please contact Danielle at (856) 494-5920 or by email at [dcrawfo9@rcsj.edu](mailto:dcrawfo9@rcsj.edu).**



## MAKE A LONG-TERM CARE PLAN

October is National Long-Term Care Planning Month, a time dedicated annually to raising awareness about the importance of planning for long-term care needs. This month encourages individuals and families to consider their future healthcare needs and the financial planning required to support them.

Some benefits of long-term care planning include:

**Financial Security:** Planning ahead helps ensure that you have the necessary funds to cover long-term care costs, which can be substantial. Planning can prevent financial strain on you and your family.

**Quality of Care:** By planning in advance, you can choose the type of care and the facility that best meets your needs, ensuring a higher quality of life.

**Peace of Mind:** Knowing that you have a plan in place can provide peace of mind for you and your loved ones, reducing stress and uncertainty about the future.

**Access to Resources:** Early planning allows you to explore and access various resources and programs that can assist with long-term care needs.

Gloucester County's Aging and Disability Resource Connection

(ADRC) provides comprehensive information about various programs and services to Gloucester County residents aged 60 and older. It helps individuals understand their long-term care options, apply for programs and benefits, and serves as the access point for publicly funded long-term care. Services offered by the ADRC include:

**Information and Assistance:** Providing detailed information on available programs and services.

**Options Counseling:** Helping individuals understand and evaluate their long-term care options.

**Application Assistance:** Assisting with the application process for various programs and benefits.

**Access to Services:** Facilitating access to home and community-based services, whether through in-person visits, telephone consultations, or home visits.

**For more information or to discuss long-term care options, Gloucester County residents can contact the Division of Senior Services at (856) 384-6900, email [seniors@co.gloucester.nj.us](mailto:seniors@co.gloucester.nj.us), visit <https://www.gloucestercountynj.gov/821>, or scan the QR code.**



## BREAST CANCER AWARENESS

October is Breast Cancer Awareness Month and Deputy Director Jim Jefferson urges all residents to turn their attention to a cause that touches many lives. "This is a time to emphasize the importance of early detection and encourage everyone to take proactive steps in safeguarding their health," remarked Deputy Director Jefferson.

### Understanding Mammograms

Mammograms are a critical tool in the fight against breast cancer. They are essentially X-rays of the breast and are the best way to detect breast cancer early—often up to three years before it can be felt. Early detection through mammograms can significantly increase the chances of successful treatment and recovery.

### When to Get a Mammogram

- **Women Aged 40-49:** It is advisable to start discussions with your doctor about when to begin mammograms. Your healthcare provider can tailor recommendations based on your personal health history and risk factors.
- **Women Aged 50-74:** It is recommended to get a mammogram every two years.



Regular screenings are vital in catching any potential issues early on.

### Recognizing the Signs and Symptoms

While mammograms are a proactive measure for early detection, being aware of potential signs and symptoms of breast cancer is also important. Look out for:

- New lumps in the breast or near the armpit
- Persistent pain in the breast or nipple area

- Redness or flakiness on the nipple area or the breast
- Irritation or dimpling of the breast skin
- Change in size or shape of the breast
- Pulling in of the nipple

### Take Charge of Your Health

This October, let's commit to raising awareness and taking action. Early detection can make a world of difference. If you're due for a mammogram or have any concerns about your breast health, reach out to your healthcare provider. Let's work together to keep our community informed and empowered in the fight against breast cancer.

**To learn more about Breast Cancer Awareness Month, please visit <https://www.nationalbreastcancer.org/breast-cancer-awareness-month/> or scan the QR code.**





## KEEPING OUR ROADWAYS SAFE & CLEAR

The work of the Gloucester County Department of Public Works to maintain the more than 400 miles of County roads never ends. Commissioner and Liaison Matthew Weng commends the efforts of our crews to perform this work through the exceptionally hot and stormy weather experienced this summer. The work highlighted below demonstrates the range of work that road maintenance requires, as well as the use of specialized skills and equipment.



Removal of a very large tree from CR 689 Glassboro Cross Keys Road in Glassboro. In addition to a high degree of coordination and collaboration, this massive tree required a bucket truck, backhoe, and excavator to cut it up and clear it from the road.



Roadside mowing on CR 667 Aura Road in Elk Township.



Weed whacking around guiderails on CR 623 Clems Run Road in Harrison.



Storm cleanup on CR 553 Woodbury Glassboro Road in Woodbury Heights.



Boom mowing on CR 663 Tanyard Road in Deptford, CR 609 Hardingville Road in Elk, and CR 622 Ewan Road in Harrison Township.



Drainage maintenance on CR 667 Cohawkin Road in East Greenwich.



Joint repair on CR 553 ALT in Mantua. The asphalt over the existing concrete roadway was raised and needed to be milled off to remove the bump in the road.



Roadside mowing on CR 663 Tanyard Road in Deptford.

Continued on pg 7



## SENIORS, STAY NOURISHED AND CONNECTED

Deputy Director Jim Jefferson wants to remind all residents that the Gloucester County Division of Senior Services offers nutrition sites throughout the county. Each site provides a balanced midday meal from Monday to Friday, excluding holidays, and offers a fantastic opportunity to socialize and engage with fellow older adults throughout our community. All Gloucester County residents aged 60 and above are invited to attend!

A voluntary donation of \$1.25 per meal is appreciated, but there is no obligation to contribute.

Your privacy and confidentiality are guaranteed. All contributions will be used to expand services and supplement funds under the Older Americans Act.

### Senior Nutrition Site Locations:

**Paulsboro** - Second Baptist Church - 1540 Swedesboro Avenue

**Deptford** - First Baptist Church of Jericho - 981 Mail Avenue

**Thorofare** - Thorofare Fire Hall - 100 Firehouse Road

**Williamstown** - Pfeiffer Community Center - 301 Blue Bell Road

**Glassboro** - Glassboro Senior Center - 152 South Delsea Drive

**Mantua** - Mantua Township Community Center - 111 East Mercer Avenue

**To sign up at any nutrition site locations or for any questions, don't hesitate to get in touch with the Senior Services Nutrition Program at (856) 384-6900 or email [seniors@co.gloucester.nj.us](mailto:seniors@co.gloucester.nj.us).**

## FREE SIMPLE WILLS FOR VETERANS

The Gloucester County Office of Veterans Affairs provides simple will workshops at no cost to veterans of all military branches. A simple will is an uncomplicated will that does not involve trusts or other complex estate plans. To be eligible for this program, the veteran must be a Gloucester County resident who received an honorable discharge.

**For more information about the free simple wills workshop, please email [vets@co.gloucester.nj.us](mailto:vets@co.gloucester.nj.us), call (856) 401-7660, or stop by the office, which is located at 211 County House Road in Sewell.**

**To learn more about all of the services and resources available from the Office of Veterans Affairs, please visit [www.gloucestercountynj.gov/267](http://www.gloucestercountynj.gov/267) or scan the QR code.**



Keeping Our Roadways Safe - Continued from pg 6



Cleanup and repair of damage to CR 651 Greentree Road in Washington Township caused by a high voltage electrical line which fell on and ignited the road.



Roadside mowing on US 322 Mullica Hill Bypass in Harrison Township.



Weed whacking and clearing around guiderails on CR 673 Democrat Road in Greenwich Township.



Weed whacking and bush trimming on CR 651 Greentree Road in Washington Township.

## GLOUCESTER COUNTY BOARD OF COMMISSIONERS

Frank J. DiMarco, *Director*  
Jim Jefferson, *Deputy Director*  
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Denice DiCarlo  
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## WE'RE HIRING!



Gloucester County is currently hiring for multiple positions throughout the County. Available openings include Vet Technicians, Animal Attendants, EMTs, CNAs, Dispatchers/911 Operators, and more.

To complete and submit an employment application, please visit <https://www.gloucestercountynj.gov/DocumentCenter/View/128> or scan the QR code.

For additional information, please email [hrdept@co.gloucester.nj.us](mailto:hrdept@co.gloucester.nj.us) or call (856) 853-3264.



## ENJOY YOGA IN THE PARK

Enjoy the popular outdoor “Yoga in the Park” classes presented by the Gloucester County Department of Health this Fall, with classes on **Wednesday, October 9** and **Wednesday, October 23** from 10:00am to 10:45am at Scotland Run Park, located at 980 East Academy Street in Clayton. These beginner-level classes can help you relax and improve your well-being. Participants should bring their own yoga mat.

Pre-registration is required for Yoga in the Park. To register, please email [ckephart@co.gloucester.nj.us](mailto:ckephart@co.gloucester.nj.us) or call (856) 218-4106.



## FOR WEEKLY UPDATES FROM GLOUCESTER COUNTY, SUBSCRIBE TO CONSTANT CONTACT

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The County of Gloucester complies with all state and federal rules and regulations against discrimination in admission to, access to, or operations of its programs, services, and activities. In addition, the County encourages participation of people with disabilities in its programs and activities and offers special services to all residents 60 years of age and older. Inquiries regarding compliance may be directed to the County's ADA Coordinator at (856) 384-6842/ New Jersey Relay Service 711.