

GLOUCESTER COUNTY TODAY

ALL THE NEWS YOU NEED AND MORE FROM GLOUCESTER COUNTY

EXPERIENCE THE 18TH CENTURY ON THE 22ND OF OCTOBER



Step (or run) into the 18th Century on Sunday, October 22 with a day full of special annual events celebrating Gloucester County's Revolutionary War history.

18th Century Field Day

Sunday, October 22 - 10:00am-3:00pm

Red Bank Battlefield, 100 Hessian Avenue, National Park

Enjoy living history demonstrations, artillery drills, cannon demonstrations, and meeting Revolutionary War soldiers! Learn about the Battle of Red Bank and why New Jersey is called "The Crossroads of the American Revolution." Tour the battlefield and enjoy vendors, food, and fun! Cheer on the Jonas Cattell participants at the finish line. The rain date for this event is **Sunday, October 29**. This event is free to attend and open to the public.

Jonas Cattell Run

Sunday, October 22 - 8:00am

Rain or Shine

Mechanic Street and Kings Highway, Haddonfield to Red Bank Battlefield, 100 Hessian Avenue, National Park

This 10 mile run from Haddonfield to National Park has been ongoing for the past 54 years. This run was started to honor Jonas Cattell, a great American hero who at the age of 18 ran from

Haddonfield to National Park to warn the soldiers of the Hessians coming to Fort Mercer. The run starts in Haddonfield and ends at Red Bank Battlefield, where it kicks off the 18th Century Field Day celebration. All registered participants will receive a shirt. The top three runners in each age group also will receive a medal. **Pre-registration is required.**

Ft. Mercer Run

Sunday, October 22 - 8:00am

Rain or Shine

Red Bank Battlefield, 100 Hessian Avenue, National Park

If the 10 mile run is too much, consider this 5K run. The Ft. Mercer Run starts at Red Bank Battlefield, loops through Historic National Park, and ends back at the Battlefield. All runners will receive a shirt, top three runners in each age group receive a medal.

Pre-registration is required.

For more information about these events and to register for the runs, please visit www.gloucestercountynj.gov/740/Special-Events or scan the QR code.



NATIONAL PREPAREDNESS MONTH

Commissioner Jim Jefferson, liaison to the Gloucester County Department of Health, reminds every resident that it is essential to be well-prepared to face any emergency that may come your way. "During an emergency, a proactive approach can make all the difference in ensuring the safety and well-being of ourselves and our loved ones," noted Commissioner Jefferson. "That's why we urge everyone to take a moment to assess their emergency preparedness."

Additionally, your emergency kit should be well stocked with essential supplies, including food, water, first aid items, and necessary medications. Stay informed by signing up for local alerts and familiarize yourself with your community's emergency procedures. "By working together, we can build a resilient and capable community that can tackle any situation with confidence. Let's stay ready, stay safe, and face any challenge that comes our way," concluded Jefferson.



Commissioner Jim Jefferson is pictured with Pitman Police Department Lieutenant Tom Zander, Woodbury City Police Department Chief Tom Ryan, and Pitman Police Department Chief Daniel McAteer.

For more emergency preparedness tips and resources, please visit www.ready.gov/plan or scan the QR code.



YOGA ON THE RIVER CONTINUES



The new outdoor "Yoga on the River" classes presented by the Gloucester County Department of Health have proven to be very popular with residents, and there are more opportunities to participate this month. These free, beginner-level classes can help you relax and improve your well-being. Participants should bring their own mat.

"Yoga on the River" classes will be held at Red Bank Battlefield, located at 100 Hessian Avenue in National Park, on **Thursday, September 21** and **Tuesday, September 26**. Both classes are from 10:00am to 10:45am.

Pre-registration is required.

To register, please email ckephart@co.gloucester.nj.us or call (856) 218-4106.

SENIOR ART CLASSES



Commissioner Jim Jefferson, liaison to the Division of Senior Services, has announced that acrylic painting classes will be offered at the County's Senior Nutrition Sites on the following schedule:

Thursday, October 5, 11:00am
Mantua Township Community Center, 111 Mercer Avenue, Mantua

Thursday, October 12, 10:00am
Glassboro Senior Center,
152 South Delsea Drive, Glassboro

Thursday, October 19, 10:00am
Thorofare Fire Hall,
100 Firehouse Road, Thorofare

Thursday, October 26, 10:00am
Pfeiffer Community Center,
301 Blue Bell Street, Williamstown

The classes are open to all Gloucester County residents aged 60 and above. All materials are provided.

Pre-registration is required.
To register, please email seniors@co.gloucester.nj.us or call (856) 384-6900.

HONORING OUR VETERANS



On August 13, Commissioners Denice DiCarlo and Jim Jefferson, along with Bob Jonas, Director of the Gloucester County Office of Veterans Affairs, joined members of the Hogs and Heroes, Legion Riders 28, and Elk Riders of Deptford motorcycle clubs to celebrate the 90th birthday of Veteran Meril Clouden.

DISCOVER SCOTLAND RUN THIS FALL



The Scotland Run Park Nature Center, located at 980 East Academy Street in Clayton, offers residents a number of ways to discover and interact with nature this Fall.

BIRD WALKS

Join volunteer birders from the Gloucester County Nature Club and search for the many birds that visit or inhabit Scotland Run Park! These walks are free of charge and will take place from 8:00am to 9:30am on the following dates:

Wednesday, September 20

Wednesday, October 4

Wednesday, October 18

Meet at the Nature Center parking lot. Participants are encouraged to bring binoculars. Registration is not required.

FALL PADDLES

Come and explore beautiful Wilson Lake and the many wonders it has to offer on a guided canoe and kayak tour! Tours will be offered from 9:30am to 11:30am on the following dates:

Thursday, September 21

Thursday, October 5

Thursday, October 19

Both canoes and kayaks are available. In order to participate in the event you must be able to operate a canoe or a kayak. This program is free to the public.

Due to the limited number of boats available, pre-registration is required. For more information or to register, visit www.gloucestercountynj.gov/1089/Fall-Paddles or scan the QR code.



GUIDED TRAIL WALKS

Join Rowan Professor and Park Naturalist Dr. Dan Duran and explore the trails around Scotland Run Park Nature Center! Discover all kinds of animals, birds, frogs, insects and more. Explore the native vegetation of the park and learn how all of these species fit into the larger ecosystem.

Trail walks will take place from 9:30am to 10:30am on the following dates:

Tuesday, September 26

Tuesday, October 10

Tuesday, October 24

This program is free to the public. Adults and children are welcome.

Pre-registration is required.

For more information or to register, visit www.gloucestercountynj.gov/1091/Guided-Trail-Walks, or scan the QR code.



ADULT NATURALIST PROGRAM

Learn more about Gloucester County's local wildlife and how you can help conserve biodiversity in your own yard by joining Rowan Professor and Park Naturalist Dr. Daniel Duran for the Adult Naturalist program at Scotland Run Park. Each session includes a presentation inside the Nature Center as well as outdoor exploration (weather permitting). The program will run from 9:30am to 11:30am on the following dates:

Thursday, September 28

Thursday, October 26

Thursday, October 12

Pre-registration is required for this program.

For more information or to register, visit www.gloucestercountynj.gov/1370/Adult-Naturalist-Program or scan the QR code.



ELECTRONIC REGISTRATION FOR FLU SHOTS

New for the 2023-2024 influenza season, registration has gone electronic! There will be no paper registration forms and pre-registration is strongly encouraged. Please follow the instructions below that pertain to your situation.

If you need to register multiple people (i.e. parent and children) and only have one email address or you do not have an email address (enter none in email), use the Care request link gloucester.medicatconnect.com/carerequest.aspx or scan the QR code at right.



If you already have a Mediat patient portal with Gloucester County Health Department, you can log into your portal and complete a flu consent form under the forms tab. If you have an individual email address you can create a new account in our patient portal by clicking the link below or scanning the QR code. Note: you must have an email address to create a patient portal account. Once your account is created, complete an influenza consent form under forms tab. To access the patient portal, scan the QR code or go to <https://gloucester.medicatconnect.com>.



Existing Users: Log in, then under the “forms” tab complete an influenza consent form and click “submit”. Attend a county flu clinic of your choice within 60 days. If you do not remember your user name please call us at (856) 218-4102. If you forgot your password, click “reset password” from the log in page.

New Users: Click “register” – click “create new account” – complete information – click “submit”. If you get a “patient already exists” message click “cancel” – click “sign up” create a user name and enter other required information – click “submit” you should get a message

FREQUENTLY ASKED QUESTIONS ABOUT FLU SHOTS

Once I create an account do I need to register for a specific date or can I attend any one that is convenient for me?

- You can attend any clinic that is convenient for you as long as it has not been more than 60 days since you completed your consent form

What if I do not have access to a computer?

- You can register from a smart phone
- A family member can assist you with registering if they have a computer or smart phone
- You can call our office and we can assist you with registering (856) 218-4102
- We can register you when you walk in for the clinic, but your visit will take significantly longer

What if I need a receipt that I received my vaccine?

- You may download the Docket app to your mobile device and get proof just as you did for your covid vaccines
- You can access via your patient portal

Continued on page 5

PICKLEBALL THIS FALL



Friday, October 6 - Sunday, October 8
South Jersey Open - Furry Friends Awareness

Thursday, October 12
Pickleball Fall League Coed Championships

These events will take place at Atkinson Park, located at 138 Bethel Mill Road in Sewell.

For more information about pickleball at Atkinson Park, visit www.gloucestercountynj.gov/666/Pickleball, scan the QR code, or call (856) 251-6738.



NATURE TOTS

These free lessons for children explore a wide variety of nature topics, from snakes to plant life, and each includes a related craft. Classes are offered from 9:30am to 10:30am on the following dates:

Tuesday, October 3

Tuesday, October 31

Tuesday, October 17



Due to limited space pre-registration for each session is required. For more information or to register, please visit www.gloucestercountynj.gov/707/Nature-Tots or scan the QR code.



2023 FLU SHOT SCHEDULE

Commissioner Jim Jefferson, liaison to the Gloucester County Department of Health, reminds residents that the County offers free flu shot clinics to help keep our families healthy during flu season. For the convenience of residents:

- Drive-through clinics help those citizens who have difficulty walking or standing in lines get their shot.
- Designated preschool/daycare/family clinics are scheduled for families with children 18 years and younger. All family members can get vaccinated at the same time.
- Clinics are scheduled on weekdays, weekends, and during evening hours.

This year we are electronic and pre-registration is strongly encouraged. To register or for more information regarding flu shots, visit www.gloucestercountynj.gov/334/Influenza, scan the QR code, or call (856) 218-4101.



Wednesday, October 4

9:30am – 11am
Incarnation Church
240 Main Street
Mantua

Thursday, October 5

4pm – 5:30pm
Riverwinds Community Center
1000 Riverwinds Drive
West Deptford

Saturday, October 7

9am – 10:30am
Drive-through clinic
Clayton County Complex
1200 North Delsea Drive
Clayton

Monday, October 9

11am – Noon
Gibbstown VFW
743 West Broad Street
Gibbstown

Monday, October 9

5pm – 6:30pm
Drive-through clinic
Gloucester County Fleet Management
(Public Works Bays)
141 Glen Echo Avenue
Swedesboro

Wednesday, October 11

6:30pm – 8pm
Chestnut Ridge Middle School
641 Hurffville - Crosskeys Road
Sewell

Saturday, October 14

9am – 10am
National Park Fire Hall
Hessian and Grove Road
National Park

Monday, October 16

4:30pm – 6pm
Gloucester County
Institute of Technology
1360 Tanyard Road
Sewell

Tuesday, October 17

5pm – 6:30pm
Drive-through clinic
Gloucester County Fleet Management
(Public Works Bays)
45 Lenape Avenue
Mantua

Saturday, October 21

9am – 10:30am
Pitman United Methodist Church
758 North Broadway
Pitman

Saturday, October 21

11:30am – 1pm
Gloucester County Library
389 Wolfert Station Road
Mullica Hill

Monday, October 23

4:30pm – 6pm
Preschool/daycare/family clinic
Gloucester Co. Health Department
204 East Holly Avenue
Sewell

Tuesday, October 24

4pm – 5:30pm
Samuel Mickle School
559 Kings Highway
Mickleton

Thursday, October 26

5:30pm – 7pm
Drive-through clinic
Clayton County Complex
1200 North Delsea Drive
Clayton



Electronic Registration For Flu Shots Continued from page 4

that a link was sent to your email to create a password. If you get a “username you have chosen is already in use”, please call the Gloucester County Health Department at (856) 218-4102 so we can confirm your information needed to register. You must have an email address on file with us to proceed. Once registered, you will get an email to create a password. Go to your email and create a password, then come back and “log in” then under the “forms” tab complete an influenza consent form and click “submit”. Attend a County flu clinic of your choice within 60 days.

If you get a “we have no record of you in our database” message, click “ok” then click “create new account”. Complete all information and click “submit”. You should get a message that a link was sent to your email to create a password. Go to your email and create password, then come back and “log in”. Under the “forms” tab, complete an influenza consent form and click “submit”. Attend a county flu clinic of your choice within 60 days.

If you have any problems with logging in or creating a new account please call (856) 218-4102 for assistance.

Don't forget - complete an influenza consent form under “forms” tab within 60 days of coming to a flu clinic.

BACK TO SCHOOL TIPS



As children head back to school, it can be tough to shake the casual days of summer and adapt to the need for more structured time during school. It's also a time to pay special attention to your child and their adjustment. Commissioner Jim Jefferson, liaison to the Gloucester County Department of Health, offers these ideas and strategies to make the transition easier, as well as advice on how to address concerns about your child and their progress and needs.

Tips to Transition from Summer Fun to School

- Re-establish bedtime and mealtime routines, especially breakfast.
- Create a family calendar with school events and family activities.
- Create and/or designate a consistent place to complete homework and other school activities.
- Make sure to leave some down time and relaxation activities to provide a break from school's routine and structure.
- Focus on the positives. Find one positive thing daily and keep track. After a month, read back and discuss with children.

Addressing Concerns About Your Child

Any concerns about your child's academic progress should be referred to your child's school's Child Study Team for further evaluation and possible need for special education support and services.

Any concerns about your child's mental health and behavioral needs can be referred to New Jersey's Children's System of Care by calling Perform Care at (888) 652-7624.

If you have any questions or concerns about your child's health and/or development, you can reach out to Gloucester County Special Child Health Program, which works with families with children from birth through 22 years old with special health care needs or who are at-risk for developmental delay. Special health care needs include but are not limited to long term medical conditions, autism, physical disabilities, birth defects, developmental disabilities, and/or traumatic brain injuries.

For more information about the Special Child Health Program, please visit www.gloucestercountynj.gov/667/Special-Child-Health-Program, scan the QR code, or call (856) 218-4111.



GCEMS EXPANSION CONTINUES



Effective Sunday, July 2, Gloucester County EMS (GCEMS) became the primary provider of basic life support emergency medical service within the Township of Monroe. Monroe is now the 23rd of Gloucester County's 24 municipalities to receive EMS coverage from GCEMS. Response crews are stationed on Glassboro Road (co-located at the Williamstown Fire Company's substation), on Corkery Lane, and on Whitehall Road (co-located with the Cecil Fire Company). Each of these stations is staffed 24 hours per day, seven days per week. GCEMS' staff of over 250 prehospital clinicians now includes many former Monroe Township EMS employees.

To date, GCEMS has responded to as many as five concurrent 911 requests for service within Monroe Township. Timely response to each is made possible utilizing the "dynamic deployment" model employed by GCEMS. Response units that are not actively assigned to a response are continuously repositioned or "staged" in areas of anticipated high call volume to be ready for the next 911 request for service.

Elsewhere within the County, GCEMS is about to kick off several station construction projects to enhance the delivery of service to residents. Bolstered by grant funding secured by Commissioner Liaison Denice DiCarlo and with the support of the Board of Commissioners and collaboration with the Township of Deptford, GCEMS will add ambulance bays to the station on Delsea Drive, protecting crews and ambulances from the weather. Additionally, in cooperation with the Township of Harrison, a longtime eyesore along Bridgeton Pike will be demolished to make room for the newest GCEMS station, providing service to the residents of Harrison Township and surrounding municipalities while enhancing the visual appearance of the Route 77 corridor.

To learn more about Gloucester County EMS (GCEMS), please visit <https://www.gloucestercountynj.gov/253/Gloucester-County-Emergency-Medical-Serv> or scan the QR code.



FREE SIMPLE WILLS FOR VETERANS

The Gloucester County Office of Veterans Affairs provides simple wills at no cost to veterans of all military branches. A simple will is an uncomplicated will that does not involve trusts or other complex estate plans. To be eligible for this program, the veteran must be a Gloucester County resident who received an honorable discharge.

To learn more, please email vets@co.gloucester.nj.us, call (856) 401-7660, or stop by the office, which is located at 211 County House Road in Sewell.

BEST OF GLOUCESTER COUNTY



On **Monday, September 25**, from 5:30pm to 8:00pm, the annual Best of Gloucester County ceremony will take place at Washington Lake Park, located at 626 Hurffville - Cross Keys Road in Sewell. Hosted jointly by the Board of County Commissioners and the Gloucester County Chamber of Commerce, this event honors the best businesses in Gloucester County and offers networking opportunities for small businesses.

For more information, please visit <https://www.gcbestof.com/> or scan the QR code.



COMMUNITY HEALTH FIELD DAY

On **Saturday, September 30**, from 10:00am to 2:00pm, Rowan College of South Jersey (RCSJ) will host a Community Field Health Day, offering the opportunity to learn about educational and career opportunities in the health professions. This free event will take place at RCSJ's Gymnasium, located at 1400 Tanyard Road in Sewell.

For more information, please visit <https://rcsj.edu/CommunityHealth> or scan the QR code.



OCTOBER MEGA JOB FAIR

On **Friday, October 13**, from 9:00am to 12:00pm, the October Mega Job Fair will take place in Rowan College of South Jersey's Gymnasium, located at 1400 Tanyard Road in Sewell. Director Frank J. DiMarco remarked that "The October Mega Job Fair is our biggest job fair of the year, with over 100 employers and resource agencies in attendance to help jump start your new career." Job seekers can meet employers with job openings, gain insight on employment opportunities in the community, and connect with resource groups. Registration is not required for job seekers. **Employers and resource agencies must register to reserve a table by calling (856) 384-6963.**

For more information and helpful resources, please visit <https://www.gloucestercountynj.gov/450/Job-Fair-Resource-Event> or scan the QR code.



FREE HEALTH SCREENINGS

On **Friday, October 6**, from 10am to Noon, the Gloucester County Department of Health will offer free blood pressure, glucose, and cholesterol screenings at the Deptford Mall, in front of the County Store, located at 1750 Deptford Center Road in Deptford.

For additional information, please call (856) 218-4106.

STATE BILLS BRING JOBS TO SOUTH JERSEY

Director Frank J. DiMarco recently attended a press conference along with former Senate President Steve Sweeney and former Assemblyman John Burzichelli at the EEW offshore wind monopile manufacturing facility at the Paulsboro Marine Terminal. Among the highlights of the press conference, the New Jersey State Legislature's passing of offshore wind bill A5651/S4019 was announced. This bill allows the first offshore wind project in the state, Ocean Wind 1, to take greater advantage of federal tax credits and incentives.

Also announced during the press conference were the signing of A5393/S3748, which makes it easier to bring film and movie production to the state, and A5644/S4023, which makes critical changes to the ASPIRE program, helping bring commercial and housing developments to under-resourced communities.

Director DiMarco noted the positive impact of all three bills on Gloucester County and beyond, remarking that, "The signing of these three important bills will help create thousands of good paying jobs in South Jersey."

EXPERIENCE TAI CHI



The Gloucester County Department of Health will host a Tai Chi program this fall at Pitman United Methodist Church, located 758 North Broadway in Pitman. The program, designed for older adults, offers a gentle form of Tai Chi that will help participants relax and improve their well-being. Sessions will take place from 2:00pm to 3:00pm on:

Monday, October 2

Monday, October 16

Monday, October 9

Monday, October 23

Pre-registration is required. For additional information and to register, please email ckephart@co.gloucester.nj.us or call (856) 218-4106.

GLOUCESTER COUNTY BOARD OF COMMISSIONERS

Frank J. DiMarco, *Director*
Heather Simmons, *Deputy Director*
Lyman Barnes
Nicholas DeSilvio
Denice DiCarlo
Jim Jefferson
Christopher Konawel Jr.

MICROCHIP MANIA



Director Frank J. DiMarco, liaison to the Gloucester County Animal Shelter, has announced that the next County Microchip Mania event will take place on **Saturday, September 23**, from 10:00am to 2:00pm at the Gloucester County Animal Shelter, located at 1200 North Delsea Drive in Clayton.

"If your dog or cat is ever lost, one of the best ways to help ensure their swift, safe return is to make sure they are microchipped," noted Director DiMarco.

The fee to have your pet microchipped is \$30, which can be paid in cash or with a debit or credit card. The Shelter respectfully asks that dogs not be on retractable leashes and strongly discourages body harnesses for this event.

For more information about Microchip Mania, please contact Gloucester County Animal Shelter by email at gcas@co.gloucester.nj.us or by phone at (856) 881-2828.

PROSTATE AWARENESS MONTH



At the August 2 meeting of the Gloucester County Board of Commissioners, Commissioner Director Frank J. DiMarco and Commissioner Jim Jefferson presented a proclamation for Prostate Cancer Awareness Month. The proclamation was presented to Joe Musemeci, a prostate cancer survivor and facilitator of "Fighting Men Fighting Cancer", along with fellow members of this South Jersey cancer support group. Every September, the nation recognizes prostate cancer awareness month to help defeat the third leading cause of cancer deaths among men.

FOR WEEKLY UPDATES FROM GLOUCESTER COUNTY, SUBSCRIBE TO CONSTANT CONTACT

Receive all things happening in Gloucester County straight to your inbox. Scan the QR Code, email socialmedia@co.gloucester.nj.us or call (856) 853-3271 to subscribe.

To scan the QR Code: Open up the camera app on your smartphone and point to the QR Code. Click the notification on your screen to open the website on your phone.



♻️ Please recycle our newsletter after use- thank you for doing your part! ♻️

The County of Gloucester complies with all state and federal rules and regulations against discrimination in admission to, access to, or operations of its programs, services, and activities. In addition, the County encourages participation of people with disabilities in its programs and activities and offers special services to all residents 60 years of age and older. Inquiries regarding compliance may be directed to the County's ADA Coordinator at (856) 384-6842/ New Jersey Relay Service 711.