



Fall Senior Happenings

FALL NEWSLETTER 2023

Gloucester County Division of Senior Services, 115 Budd Boulevard, West Deptford, NJ 08096

Upcoming Art Classes

Starting in October, Senior Services will offer acrylic painting classes at each of the six Senior Nutrition Sites. Each of these classes will take place at the following times and locations:

Thursday, October 5 @ 11:00 am - Mantua Township Community Center, 111 Mercer Avenue, Mantua, NJ 08080

Thursday, October 12 @ 10:00am - Glassboro Senior Center, 152 S. Delsea Drive, Glassboro, NJ 08028

Thursday, October 19 @ 10:00 am - Thorofare Fire Hall, 100 Firehouse Road, Thorofare, NJ 08086

Thursday, October 26 @ 10:00 am - Pfeiffer Community Center, 301 Blue Bell Road, Williamstown, NJ 08094

Thursday, November 2 @ 10:00 am - First Baptist Church of Jericho, 981 Mail Avenue, Deptford, NJ 08096

Thursday, November 9 @ 10:00 am - Second Baptist Church, 1540 Swedesboro Avenue, Paulsboro, NJ 08066

Classes are open to all Gloucester County residents aged 60+. Registration is required to attend. To sign up, please contact the Division of Senior Services at (856) 384-6900 or email: seniors@co.goucester.nj.us. Art materials will be provided.



Commissioner Jim Jefferson with 2023 Senior Art Show winner Leda Manfre

Dates to Remember

December 5, 6, 12,
13, & 28

Senior Holiday Party

at Aulettos

Tickets on Sale – November 1



Department of Health and Human Services
Division of Senior Services
115 Budd Blvd. West Deptford, NJ 08096

phone: (856) 384-6900
email: seniors@co.goucester.nj.us
www.GloucesterCountyNJ.gov

**Gloucester County
Board of Commissioners**

Frank J. DiMarco, Director
Jim Jefferson, Liaison

September is National Senior Center Month

Senior Centers provide valuable services and connections to older adults, enabling them to remain healthy and independent.

All Gloucester County residents aged 60+ can enjoy classes, physical activities, and social events at the Glassboro Senior Center. Visit www.glassboro.org/parks-recreation for a calendar of upcoming events, or call (856) 881-8504, extension 3.

Activities and programs are also available at the Municipal Senior Centers in Deptford, Paulsboro, and Washington Township.

To find out more information, contact Senior Services at (856) 384-6900 or email: seniors@co.goucester.nj.us

Preventing Elder Abuse

Vulnerable adults living in the community who are subjected to abuse, neglect, or exploitation and cannot fully protect or care for themselves can be serviced through Adult Protective Services. Services could include home care, meals on wheels, health care, legal intervention and case management to enable these vulnerable adults to live in a safe environment within the community. If you are aware of or suspect abuse of any kind, please call Gloucester County Adult Protective Services at (856) 256-2113 between 8am & 4pm, or dial 211 24 hours a day, 7 days a week. In cases of physical/sexual abuse and or medical/mental health crisis emergency, 911 should be called immediately.



What is Adult Protective Services?

Adult Protective Services (APS) programs have been established in each county in New Jersey to receive and investigate reports of suspected abuse, neglect and exploitation of vulnerable adults living in a community setting.

The Purpose of APS:

Stabilize a crisis situation using the least intrusive methods while respecting an individual's right to self-determination.

CONFIDENTIALITY

All records and communications pertaining to any report, evaluation or service provided pursuant to the Adult Protective Services Act (P.L. 1993, Ch. 249, C52:27D) are confidential.

APS is only permitted to share the results of an APS assessment when directed to do so by a court of competent jurisdiction or when disclosure of information is necessary for the Division or the APS provider to perform its responsibilities as set forth by statute.

Making a Referral to APS:

The referral should be made by the person with first-hand information about the client.

The referral should be made directly to the county in which the client resides.

The referral should consist of as much information as possible including:

- ✓ Client's name, address, phone number
- ✓ DOB and Social Security number
- ✓ Diagnoses – health and/or mental health issues
- ✓ Family members/support systems (services/agencies involved)
- ✓ A specific allegation of abuse, neglect or exploitation

APS CASES

APS may become involved in situations that meet all of these conditions:

A vulnerable adult is:

- ✓ Age 18 years or older, AND
- ✓ Residing in the community, AND
- ✓ Due to physical or mental illness, disability or deficiency, lacks sufficient understanding or capacity to make, communicate, or carry out decisions concerning his or her well-being, AND
- ✓ Is the subject of abuse, neglect or exploitation.

Low Cost Spay/Neuter Program

You may be eligible to have your pet spayed or neutered at a discounted price

There are many pet owners who want to spay or neuter their pets, but due to the costs involved, they may doubt their ability to do so. The good news is that there are many veterinarians and organizations who are ready and able to help. If you receive any of the following benefits, your dog or cat can be spayed or neutered for \$10: Food Stamps, Medicaid, General Public Assistance, Rental Assistance, Lifeline Utility Credit, Tenant's Lifeline Assistance, SSI, or PAAD. As a result of spaying and neutering, pet overpopulation can be prevented, and fewer animals will be left in shelters. Get more information by contacting the Gloucester County Animal Shelter at (856) 881-2828.

*Source: New Jersey Department of Health



Seniors receive adoption discounts at the Gloucester County Animal Shelter! Call (856) 881-2828 to discuss adoption today.

Support Group for Grandparents Raising Grandchildren



"Led by Love" is a support group offered by Gloucester County Division of Senior Services for grandparents caring for grandchildren and kinship caregivers. Families who have taken on the responsibility of raising their relatives' children have been referred to as kinship caregivers. Support groups are regularly scheduled meetings for those who share a common bond as caregivers. The purpose of caregiver meetings is to provide comfort, companionship, advice, and suggestions from experienced caregivers. If you are interested in joining or would like more information, please call (856) 686-8338 or email bvaldez@co.goucester.nj.us

Seasonal Flu Clinics

Annual flu shots are recommended by the Centers for Disease Control and Prevention for seniors. Residents of Gloucester County will be able to receive influenza vaccines free of charge at designated locations starting in the fall. Fludad Quadrivalent, an adjuvanted flu vaccine that helps create a stronger immune response to vaccination, will be available to those over age 65.



Commissioner Jim Jefferson
at the Seasonal Flu Clinic

Senior nutrition sites located throughout the county will offer flu shots on:

| | |
|----------------------|--|
| 9/25 - 10:45-11:15am | First Baptist Church of Jericho - 981 Mail Avenue, Deptford, NJ 08096 |
| 9/26 - 10:15-10:45am | Second Baptist Church - 1540 Swedesboro Avenue, Paulsboro, NJ 08066 |
| 9/26 - 11:00-11:30am | Thorofare Fire Hall - 100 Firehouse Road, Thorofare, NJ 08086 |
| 9/27 - 11:30-12:00pm | Mantua Twp. Community Center - 111 Mercer Avenue, Mantua, NJ 08080 |
| 9/28 - 10:45-11:15am | Glassboro Senior Center - 152 S. Delsea Drive, Glassboro, NJ 08028 |
| 9/29 - 10:30-11:00am | Pfeiffer Community Center - 301 Blue Bell Road, Williamstown, NJ 08094 |

The flu clinic schedule will be published in the County newsletter, announced in the local newspaper, and is available on the Gloucester County website at www.goucestercountynj.gov. Copies of the schedule are also available at the Division of Senior Services and at all Nutrition Sites. Information is also available by calling the Gloucester County Health Department at: (856) 218- 4101. Eligibility restrictions and supply availability may apply.

Free Eye Screenings



A free eye screening is offered once a month by the Gloucester County Division of Human & Special Services and the New Jersey Commission for the Blind to anyone ages 4 and up, regardless of income. Screenings are held at the Gloucester County Health Department, 204 East Holly Avenue, Sewell, NJ 08080. Tests for glaucoma are also available. For more information or to schedule an appointment, call (856) 384-6842.



www.GloucesterCountyNJ.gov

**Gloucester County
Board of Commissioners**

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Jim Jefferson, Liaison

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Division of Senior Services

Eric M. Fisher, Executive Director

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seniors@co.gloucester.nj.us

**The Division of Senior Services is open
Monday through Friday from 8:30 AM to 4:00 PM.**

Services are available to all residents of Gloucester County who are 60 years of age and older, regardless of race, color, or national origin, in compliance with Title III of the Older Americans Act.



The County of Gloucester complies with all state and federal rules and regulations against discrimination in admission to, access to, or operations of its programs, services, and activities. In addition, County encourages participation of people with disabilities in its programs and activities and offers special services to all residents 60 years of age and older. Inquiries regarding compliance may be directed to the County's ADA Coordinator at (856) 384-6842/ New Jersey Relay Service 711.

Free and Discounted Classes Available at Rowan College

**Are You
Age 60 or
Older?**



Enjoy college benefits such as library use, fitness center access, counseling services and more!

Questions?

Contact the
Enrollment Administrator
856-681-6272
future@rcsj.edu

 **Rowan College**
SOUTH JERSEY
Gloucester Campus
1400 Tanyard Road, Sewell NJ, 08080
future@rcsj.edu • RCSJ.EDU

Tell us what you think...

YOUR FEEDBACK IS VALUABLE TO US!

**WE WOULD LOVE TO HEAR ABOUT
YOUR EXPERIENCE WITH THE GC
DIVISION OF SENIOR SERVICES.**

**COMMENTS PROVIDED WILL BE USED
TO IMPROVE AND PROMOTE CURRENT
AND FUTURE PROGRAMS FOR SENIORS
IN GLOUCESTER COUNTY!**

PHONE: (856)384-6900

EMAIL: SENIORS@CO.GLOUCESTER.NJ.US