

Gloucester County Mental Health

May 16, 2023

Members Present

Mr. Eugene Caldwell
Ms. Katie Doyle
Ms. Suzanne Smith
Mr. Shane Stevenson
Ms. Carol Weinhardt

Guest:

Ms. Jennifer Zoyac
Ms. Pat Leary

Non-Voting Members & Liaisons Present

Dr. DiLisciandro
Ms. Holly Horwell
Ms. Nicole Moore
Mr. Ron Roebuck
Ms. Sharon Venezia

Welcome and call to order/public record act:

Moment of Silence: Officer Robert Shisler

Introductions:

- Roll call introductions

Approval of Minutes:

- A motion was made by Ms. Suzanne Smith to approve the minutes for April 18, 2023; Mr. Shane Stevenson seconded.

Mental Health Administrator: Dr. DiLisciandro

- County Contracts:
 - Three Year Mental Health Contract:
 - As a reminder, the County provides supplemental funding for the following programs: Psychiatric Emergency Screening Services (PESS), Integrated Case Management Services (ICMS), Bridge Program, and Outpatient Mental Health Services. The total award amount is \$213, 500, and the contract will expire on 12/31/2024.
 - Acenda has submitted Q1 invoices, and they were shared with our purchasing department for payment.
 - COPE: The COPE program is cleared to begin services in Monroe Township. We are awaiting final documentation from Woodbury and Glassboro.
- CIT Program:
 - No update, but I do want to remind you that Mental Health education takes place with officers all year long at the Prosecutor’s Recertification Trainings. In addition, any department that would like additional training is able to contact Acenda to provide an overview of Psychiatric Emergency Screening Services.
- NJ Disaster Response Crisis Counselor Volunteer Program:
 - The meeting scheduled for 5/18 has been cancelled due to lack of registration, but it is my hope we have enough registered to hold the 10/18 meeting.

New Jersey Division of Mental Health and Addictions Services (DMHAS) –Mr. Ron Roebuck

- **DMHAS Residential Services for Individuals with a (SMI) and an (IDD)**
 - This Request for Proposals (RFP) is issued by the New Jersey Department of Human Services (DHS), Division of Mental Health and Addiction Services (DMHAS) to provide Level A+ residential services for eligible individuals with a co-occurring serious mental illness (SMI) and an intellectual/developmental disability (IDD). This RFP is funded through state appropriations. The DMHAS anticipates making **two** distinct awards, with an annualized contract amount of 325,00 each.
- **Building Capacity MH and SUD 2023**
 - This Request for Proposal (RFP) focuses on expanding access to MAT for people with COD who are being served in a MH or SUD treatment facility and is designed to address the financial challenges faced in building the capacity to offer MAT. DMHAS expects that the funding for this initiative will allow providers to begin the prescribing of the MAT, as well as storing and dispensing of buprenorphine. This initiative is not a grant to provide treatment. However, bidders must have the ability to prescribe medication by a credentialed MAT.
- **Peer Recovery Specialists**
 - This Request for Proposals (RFP) is issued by the New Jersey Department Human Services (DHS), Division of Mental Health and Addiction Services (DMHAS) for substance use disorder (SUD) residential treatment agencies contracted by DMHAS to hire Peer Recovery Specialists to provide non-clinical assistance and recovery supports services to individuals in SUD residential treatment. Total annualized funding is \$5M subject to federal appropriations. This RFP is funded by the Federal Substance Abuse Prevention and Treatment (SAPT) Block Grant COVID-19 Supplement and the American Rescue Plan Act of 2021 from the Substance Abuse and Mental Health Services Administration (SAMHSA). The DMHAS is making approximately 65 awards, depending upon demand, of up to \$75,000 annually to support the hiring of a Peer Recovery Specialist to work in residential services. Funding is available for two years. This includes inpatient withdrawal management, short-term and long-term residential, and halfway house. Agencies can request one peer for each different level of care they provide at a given site.
- **Community Psychiatric Residence four (4) positions**
 - The Department of Human Services (DHS), Division of Mental Health and Addiction Services (DMHAS) is issuing a Request for Letters of Interest (RLI) to all fully accredited psychiatry residency programs in New Jersey that are currently providing four years of training in adult psychiatry (the Program). This RLI will grant programs funding for new adult psychiatry residency psychiatry positions using funding that was not awarded pursuant to a prior RLI that was published in mid-January 2023. Through this RLI, adult psychiatric residency programs can apply through a Letter of Interest (LOI) for funding to support either one or two additional four-year positions in their programs.

Mental Health Professional Advisory Committee: Ms. Jennifer Zoyac, CSPNJ Presentation: Up Your Alley

- Gloucester County Wellness Center details are:
 - Name: Up you Alley
 - Location: 8 Liberty St. Glassboro, NJ 08028
 - Hours: Sunday, Tuesday, and Thursday (1-6pm), Monday & Wednesday (12-5pm), and closed Friday and Saturday's.
- CSPNJ's Community Wellness Centers are designed to empower people in recovery to realize a lifestyle centered on wellness, a balanced state of social, spiritual, financial, occupational, environmental, mental, emotional and physical health.
- The mission of our Community Wellness Centers is to create a warm welcoming place where people can gain skills and motivation to set and achieve the personal wellness goals necessary for recovery. We offer opportunities to access education, support and resources to help people in recovery realize a lifestyle centered on comprehensive wellness.
- All peer ran

- Two groups per day with calendars updated monthly with updated programs (available online cpsnj.org- 1st of every month)
- Prevents isolation giving a place to go and socialize
- Computers available
- Learn to access resource and tools in community
- Glassboro has four staff provide linkages
- Peer support
- Recreation activities examples: go to zoo, parks, many different trips and host a fall feast
- Transportation provided with advance scheduling with Ms. Pat Leary
- Certified Peer Recovery Specialist – travels among all centers in south jersey and attends Glassboro once a week. Assists with rehab, detox, and guidance. Availability to be present in center more often if needed.
- Average daily attendance:
 - March (30), April (28), and over last quarter (28)

Ms. Pat Leary, Manager of Up your Alley gave an overview of some programs:

- All who come are welcomed and made to feel comfortable by being ran more as a family-oriented center.
- Most in attendance are from boarding homes.
- Some group examples are: Exercise groups (sometimes in person or virtual), nutrition, art therapy, men’s group, healthy diet, dance, journalism, music, smoking cessation, financing (also including budgeting for shopping), and many others.
- Assist with resume writing, employment, education (GED, College), doctors, pharmacy, housing, food banks, homelessness.
- Serve family style meals
- Looking to join another community center for swim lessons and recreation.
- Dr. Becky DiLiscandro thanked Ms. Pat Leary for all she and staff do at the center and for making all feel welcomed with offering such an array of programs.
- Ms. Jennifer Zoyac welcomed all to visit center if they would like. Let herself or Ms. Leary know.

NAMI: Ms. Suzanne Smith

- Busy with increasing membership and transferring people to our active IFS program
- Update:
 - After recommendation to contact Traumatic Loss Coalition (TLC) from Dr. Becky DiLiscandro regarding last meetings (April 18th) discussion on looking for general information on educating parents.
 - Ms. Ann Guida has made contact with TLC and a meeting has been arranged.

Acenda: Ms. Sharon Veneziale

- Early Intervention Support Services, aka Mental Health Urgent Care completed our second “Spring Fling” Open House on April 27th. This was initiated by our Intensive Family Services (IFS) Program for the families of love ones to come and tour the program, as well as presentations by the EISS Team and Genoa Pharmacy. This event went very well, and welcomed a warm and inviting environment for the families to socialize and have lunch.
 - Ms. Veneziale thanked all who attended.
 - Event was so successful that EISS may try to host two a year (Fall & Spring Fling) to get families involved.
 - Any questions please contact Ms. Veneziale or they could always set up a tour
- **Program Statistics/Updates (Report Inserted)**
 - PESS- 103% LOS for April with serving 143 individuals. They had 43 community outreaches in April. Continuing to recruit for two Peer Champions with the PESS Team to complete WRAP, and assist with reducing inpatient hospitalizations/emergency room visits, with utilizing face-to-face follow up and engagement to improve daily quality of life for our individuals served.

- IOTSS- 171% LOS for April. Currently in discussion to resume in person at Hollydell. This will allow more peer support. Will be looking to hire a case manager for rides, scheduling rides, running groups, and etc. Census held at 15-16 with two referrals from EISS, one referral from Inpatient Discharge and one community referral. IOTSS is meeting capacity with a current rolling admission and five groups per week. Recruiting for a part-time Co-Occurring Therapist.
- EISS- have completed 32 intakes and LOS is 35% for April. Linked 29 individuals to appropriate services. EISS primary referral sources have been Inspira Emergency Room, PESS, and Community/Families. Recruiting for a part time co-occurring Therapist.
- Outpatient- Currently accepting referrals for outpatient level of care, and continuing the recruiting process for Clinicians at this time. The current wait time for therapy is between three and six weeks, with individuals being able to access EISS during this time for continuing support.
- Bridge- clients are being referred to other case management with 2nd employment support. Recruiting for two case managers
- ICMS- taking new referrals, as well as open to community referrals. Census continues to increase each month. Currently at the EISS program on Wednesdays and Fridays from 1:00pm-5:00pm for immediate sign on of individuals coming to the EISS program with ICMS needs. Recruiting for one case manager.
- PATH- have hired one case manager and still recruiting for one case manager. PATH continues to accept referrals.
- IOC- recruiting for two full time case managers, and are accepting new referrals.

Board Review & Vote: Psychiatric Emergency Screening Waiver, for Acenda

Ms. Katie Doyle requested a motion to approve Acenda's Psychiatric Emergency Screening Waiver request for: NJAC 10:31-2.1 Operation of Extended Crisis Evaluation Beds (ECEB); Ms. Suzanne Smith made a motion to approve waiver for Acenda; Mr. Shane Stevenson seconded; all in favor; no objections.

Old Business

Other Announcements

- **Next Meeting:** 06/20/2023 4:30pm via zoom

A motion to adjourn meeting was made by Ms. Katie Doyle; Ms. Suzanne Smith seconded.