

GLOUCESTER COUNTY SENIOR NUTRITION PROGRAM – OCTOBER 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Spaghetti/ w Pork Sausage Tomato sauce /Parm Cheese Capri Blend Vegetables Dinner Roll Cake Milk	2 Minestrone Soup/crackers BBQ Chicken Leg Red Skinned Potatoes Green Peas & Carrots Sandwich Roll Tropical fruit salad Milk	3 Potato Encrusted Fish Macaroni & Cheese Stewed Tomatoes 1 Slice wheat bread Ketchup/tartar sauce Mandarin Oranges Milk	4 Beef Barley Soup/Crackers Hot Roast Beef/w Gravy Garlic Mashed Potatoes Brussels Sprouts Sandwich Roll Peaches/Cottage Cheese Milk	5 Tuna Salad on lettuce leaf With sliced tomato Macaroni Salad 3 Bean Salad 1 Slice wheat bread Canned Pears Milk
8 COLUMBUS DAY	9 Beef Cheeseburger Hamburger Roll Buttered Corn/Spinach Lettuce/tomato Apple Cobbler Milk	10 Cream of Broccoli Soup Chicken Caesar Salad Romaine Mix/chicken Pasta salad Italian dressing/croutons/Parm cheese Dinner roll Oatmeal cookies Milk	11 Beef & Cheese Lasagna Tomato Sauce Italian Green Beans Italian Roll Peaches Milk	12 Beef Meatloaf/Gravy Mashed Potatoes Carrots Dinner Roll Mandarin Oranges Milk
15 Sliced Ham Pineapple Sauce Mashed Sweet Potatoes Cabbage Wheat Bread Chocolate Chip Cookies Milk	16 Lentil Soup/crackers Chicken salad Hoagie Lettuce and Tomato Carrot Raisin Salad Fruit Jello Milk	17 Riblet w BBQ sauce Sauteed Onions Buttered Corn/Green Beans Sandwich Roll Mandarin Oranges Milk	18 Vegetable Soup/Crackers Roasted Turkey/Gravy Bread Stuffing Glazed Carrots Wheat Bread Tropical fruit salad Milk	19 Beef Swedish Meatballs/Gravy Buttered Noodles Broccoli Wheat Bread Banana Milk
22 Escarole Soup Roast Beef/Gravy Mashed Potatoes Peas & Carrots Wheat Bread Banana Milk	23 Chef's Salad/Tomato and Ham,Egg, and Cheese Pasta Salad Wheat Bread French Dressing Pineapple Milk	24 Sweet and Sour Chicken w/peppers & onions Brown Rice Japan Vegetables Vanilla Pudding Milk	25 Beef Meatballs Baked Cheese Ziti/Marinara Sauce Sauteed Spinach Parmesan Cheese Hoagie Roll Pears Milk	26 Beef Hot Dog Sauerkraut Baked beans Cauliflower w/white sauce Hot Dog Roll Canned peaches Milk
29 Pea Soup/Crackers Crab Cake/Tartar/Cocktail Sauce Macaroni and Cheese Stewed Tomatoes & Zucchini Hamburger Roll Peaches Milk	30 Turkey Hoagie Potato Salad Applesauce Milk	31 Beef Cheese Steak Sandwich Fried onions/Hoagies Home Fried Potatoes Succotash Lettuce & Tomato Slice Birthday Cake Milk		

Revised 8/2016

Gloucester County Department of Health & Human Services

Division of Senior Services Nutrition Program

Lunch Sites

Site #1	Mantua Community Center 111 East Mercer Ave Mantua, NJ 08051	Site Manager Telephone Serving Time	Joan Villanova 468-4773 12:30 PM
Site #2	Glassboro Senior Center 152 South Delsea Drive Glassboro, NJ 08028	Site Manager Telephone Serving Time	Mike Sylvester 881-6610 11:30AM
Site #3	Thorofare Fire Hall 1 Firehouse Rd. Thorofare, NJ 08086	Site Manager Telephone Serving Time	Norlyn Garlic 853-6496 11:30AM
Site #4	Pfeiffer Community Center 301 Blue Bell Street Williamstown, NJ 08094	Site Manager Telephone Serving Time	Rick Andress 728-1140 11:30AM
Site #5	Franklin Community Center 1584 Coles Mill Road Franklinville, NJ 08322	Site Manager Telephone Serving Time	694-1413 11:00AM
Site #6	Second Baptist Church 1534Pine Street Paulsboro, NJ 08066	Telephone Serving Time	423-3387 11:30AM

NUTRITION OFFICE
686-8327

SERV-A-TRAY OFFICE
686-8325

Partially funded under the cooperation of the Gloucester County Board of Chosen Freeholders, and the Title III of the Older Americans Act as amended in 2016.

Robert M. Damminger
Freeholder Director

Jim Jefferson
Freeholder Liaison
Department of Health, Senior & Disability Services

Leona G. Mather
Director
Division of Senior Services

The County of Gloucester complies with all state and federal rules and regulations and does not discriminate on the basis of race, religion, color, national or ethnic origin, sexual orientation, age, marital status or disability in admission to, access to, or operations of its programs, services, or activities. In addition, Gloucester County encourages the participation of people with disabilities in its programs and activities and offers special services to all County residents 60 years of age and older. Inquiries regarding compliance may be directed to the EEO office at (856)384-6903 or through the County's ADA Coordinator at (856) 384-6842/New Jersey Relay Service 711