

GLOUCESTER COUNTY SENIOR NUTRITION PROGRAM – MAY 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Riblet w/BBQ Sauce Sauted Onions Buttered Corn Green Beans Sandwich Roll/w margarine Mandarin Oranges 2%Milk	2 Lentil Soup/Crackers Chicken Salad Hoagie Lettuce & Tomato Carrot Raisin Salad Fruited Jello 2%Milk	3 Roasted turkey/w gravy Bread Stuffing Glazed Carrots 1 Slice Wheat Bread/Margarine Tropical Fruit Salad 2%Milk
6 Low sodium Beef Hot Dog Sauerkraut Baked Beans Cauliflower w/white sauce Hot Dog Roll Ketchup/Mustard Canned Peaches 2%Milk	7 Sweet and Sour Chicken w Peppers & Onions Brown Rice Japanese Vegetables Roll /margarine Vanilla Pudding 2%Milk	8 Escarole Soup Roast Beef w/gravy Mashed Potatoes Peas & Carrots Wheat Bread/margarine Banana 2%Milk	9 Chef's Salad/Tomato/Ham/Egg And Cheese Pasta Salad Wheat Bread /Margarine French Dressing Pineapple 2%Milk	10 Beef Meatballs Baked Cheese Ziti Marinara Sauce Sauted Spinach/parmesan Cheese Hoagie Roll/margarine Pears 2%Milk
13 Beef Meatloaf w/gravy Mashed Potatoes Harvard beets Wheat Bread w/margarine Fruit Cocktail 2%Milk	14 Chicken Florentine w/sauce Rice Carrots Tossed salad/Tomato Creamy Italian Dressing Wheat Bread w/margarine Orange Sherbet 2%Milk	15 Pea Soup / Crackers Crab cake /tartar/Cocktail Sauce Macaroni and Cheese Stewed Tomatoes/Zucchini Hamburger Roll/Margarine Peaches 2%Milk	16 Turkey Hoagie Lettuce/Tomato/Roll Potato Salad Packet of Mayonnaise Applesauce 2%Milk	17 Beef Cheese Steak Sandwich Fried Onions/ Hoagie Roll Home fried Potatoes Succotash Lettuce/Tomato Slice Banana 2%Milk
20 Beef Sloppy Joe Noodles Spinach Italian Bread w/margarine Fruit Cocktail 2%Milk	21 Roast Pork w/gravy Sweet Potatoes and Apples Buttered Peas Wheat Bread w/margarine Fruit Jello 2%Milk	22 Chicken Parmesan Pasta w/Tomato Sauce Garlic Green Beans Roll w/Margarine Parmesan Cheese Chocolate Pudding 2%Milk	23 Baked Potato Soup/Crackers Seafood Salad Lettuce leaf w/sliced tomato Pickled Beets Wheat bread w/margarine Banana 2%Milk	24 Memorial Day Picnic Low sodium Beef Hot Dog Hot Dog Roll & Sauerkraut Baked Beans Green Beans Ketchup/Mustard Packs Ice Cream 2%Milk
27 HAPPY MEMORIAL DAY	28 Minestrone Soup/Crackers BBQ Chicken leg X2 Red Skinned Potatoes Green Peas & Carrots Sandwich Roll w/margarine Mandarin Oranges 2%Milk	29 Pork Sausage w/spaghetti Tomato Sauce / Parmesan Cheese Tossed Salad w/tomato/Italian Dressing Capri Blend Vegetables Dinner Roll w/margarine Birthday Cake 2%Milk	30 Beef Barley Soup/Crackers Tuna Salad Lettuce leaf w/sliced tomato Macaroni Salad 3 Bean Salad Wheat Bread w/margarine Canned Pears 2%Milk	31 Hot Roast Beef w/Gravy Garlic Mashed Potatoes Brussels Sprouts Sandwich Roll w/margarine Peaches/Cottage Cheese 2%Milk

Fruit Juice is 100% Fruit Juice.

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Revised 8/2016

Gloucester County Department of Health & Human Services

Division of Senior Services Nutrition Program

Lunch Sites

Site #1	Mantua Community Center 111 East Mercer Ave Mantua, NJ 08051	Site Manager Telephone Serving Time	Joan Villanova 468-4773 12:30 PM
Site #2	Glassboro Senior Center 152 South Delsea Drive Glassboro, NJ 08028	Site Manager Telephone Serving Time	Mike Sylvester 881-6610 11:30AM
Site #3	Thorofare Fire Hall 1 Firehouse Rd. Thorofare, NJ 08086	Site Manager Telephone Serving Time	Lou Weiss 853-6496 11:30AM
Site #4	Pfeiffer Community Center 301 Blue Bell Street Williamstown, NJ 08094	Site Manager Telephone Serving Time	Rick Andress 728-1140 11:30AM
Site #6	Second Baptist Church 1534Pine Street Paulsboro, NJ 08066	Site Manager Telephone Serving Time	Norlyn Garlic 423-3387 11:30AM

NUTRITION OFFICE
686-8327

SERV-A-TRAY OFFICE
686-8325

Partially funded under the cooperation of the Gloucester County Board of Chosen Freeholders, and the Title III of the Older Americans Act as amended in 2016.

Robert M. Damminger
Freeholder Director

Jim Jefferson
Freeholder Liaison
Department of Health, Senior & Disability Services

Leona G. Mather
Director
Division of Senior Services

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