

GLOUCESTER COUNTY SENIOR NUTRITION PROGRAM – MARCH 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 Potato Encrusted Fish Macaroni & Cheese Stewed Tomatoes/Zucchini Wheat Bread Ketchup/Tartar Sauce Vanilla Pudding 2% Milk
4 Chicken Parmesan Rigatoni/Tomato Sauce Green Beans Green Salad/Italian Dressing Wheat Bread/Parmesan Cheese Fruit Cocktail 2%Milk	5 Cream of Spinach Soup/Crackers Roast Beef/Gravy Mashed Potatoes Peas and Carrots Whole Wheat Bread/Margarine Vanilla Ice Cream 2%Milk	6 ASH WEDNESDAY Three Bean Chili Rice Squash Corn Bread/Margarine Chef Choice Dessert Milk	7 Tomato Soup/Crackers Turkey open face on White Bread Gravy Sweet Potato Harvard Beets Margarine Chocolate Pudding 2% Milk	8 Tuna Salad Lettuce leaf w/sliced Tomato Macaroni Salad Bean Salad/wheat bread Margarine Banana/or Fruit in Season 2%Milk
11 Roasted Pork/w Gravy Egg Noodles Buttered Peas Wheat Bread w/Margarine Tidbits Pineapple 2%Milk	12 Chicken Orzo Soup/Crackers Beef Salisbury Steak w/Gravy Slice paprika Potatoes Broccoli Wheat Bread w/Margarine Fresh Apple 2%Milk	13 Happy Saint Patrick's Day Potato Leek Soup/Crackers Corned Beef Special on Wheat Cole Slaw Three Bean Salad Thousand Island Dressing Lime Fruited Jello 2%Milk	14 Navy Bean Soup/Crackers Chicken Cacciatore Penne Pasta Vegetable Medley White Dinner Roll/Margarine Orange Sherbet 2%Milk	15 Fillet of Fish/Tartar Sauce Oven Roasted Potatoes Succotash (lima beans & Corn) Ketchup Tapioca Pudding 2%Milk
18 BBQ Chicken (EP Drumstick) Scalloped Potatoes Green Peas and Carrots Roll/Margarine Mandarin Oranges 2%Milk	19 Corn Noodle Chowder/2 packs Crackers Egg Salad Pasta Salad Beet Salad Dinner Roll/Margarine Pears 2%Milk	20 Spaghetti Beef Meatballs/Tomato Sauce Italian Green Beans Green Salad/Tomato Italian Dressing White Dinner Roll/Margarine Strawberry Ice Cream 2%Milk	21 Pork Loin/Gravy Garlic Mashed Potatoes Brussels Sprouts Slice Wheat Bread/Margarine Butterscotch Pudding 2%Milk	22 Pea Soup/Crackers Crab Cake w/Tartar Sauce Macaroni and Cheese Stewed Tomato Hamburger Bun Ketchup Banana 2%Milk
25 Swedish Meatballs/Gravy Buttered Noodles Sliced Carrots Wheat Bread Margarine Lemon or Orange Sherbert 2%Milk	26 Minestrone Soup/Crackers Baked Ziti/Tomato Sauce Italian Pork Sausage Green Beans Italian Roll/Margarine Peach Halves 2%Milk	27 Roasted Chicken Breast/Gravy Corn Bread Stuffing Mixed Vegetables Wheat Bread/Margarine Birthday Cake 2%Milk	28 Chicken Noodle Soup/Crackers Hamburger w/Cheese Hamburger Bun Baked Beans Steamed Potatoes Ketchup /Mustard Fruit Cocktail 2%Milk	29 Seafood Salad Macaroni Salad Lettuce/Tomato 2 Slices whole Wheat Bread Chocolate/Rice Pudding 2%Milk

† Juice is 100% Fruit Juice.

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Revised 8/2016

Gloucester County Department of Health & Human Services

Division of Senior Services Nutrition Program

Lunch Sites

Site #1	Mantua Community Center 111 East Mercer Ave Mantua, NJ 08051	Site Manager Telephone Serving Time	Joan Villanova 468-4773 12:30 PM
Site #2	Glassboro Senior Center 152 South Delsea Drive Glassboro, NJ 08028	Site Manager Telephone Serving Time	Mike Sylvester 881-6610 11:30AM
Site #3	Thorofare Fire Hall 1 Firehouse Rd. Thorofare, NJ 08086	Site Manager Telephone Serving Time	Lou Weiss 853-6496 11:30AM
Site #4	Pfeiffer Community Center 301 Blue Bell Street Williamstown, NJ 08094	Site Manager Telephone Serving Time	Rick Andress 728-1140 11:30AM
Site #6	Second Baptist Church 1534Pine Street Paulsboro, NJ 08066	Site Manager Telephone Serving Time	Norlyn Garlic 423-3387 11:30AM

NUTRITION OFFICE
686-8327

SERV-A-TRAY OFFICE
686-8325

Partially funded under the cooperation of the Gloucester County Board of Chosen Freeholders, and the Title III of the Older Americans Act as amended in 2016.

Robert M. Damminger
Freeholder Director

Jim Jefferson
Freeholder Liaison
Department of Health, Senior & Disability Services

Leona G. Mather
Director
Division of Senior Services

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