

GLOUCESTER COUNTY SENIOR NUTRITION PROGRAM – JUNE 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 Potato Encrusted Fish Macaroni and Cheese Stewed Tomatoes Wheat Bread Mandarin Oranges Milk
4 Beef & Cheese Lasagna Tomato Sauce Italian Green Beans Italian Roll Peaches Milk	5 Chicken Vegetable Soup Beef Meatloaf with Gravy Mashed Potatoes Carrots Dinner Roll Mandarin Oranges Milk	6 Roast Pork with Gravy Paprika Potatoes Harvard Beets Wheat Bread Chocolate Ice cream Milk	7 Cream of Broccoli Soup Beef Cheeseburger Buttered Corn Spinach Lettuce/tomato Apple Cobbler Milk	8 Chicken Caesar Salad Pasta Salad Dinner Roll Oatmeal Cookies Milk
11 Roasted Turkey with Gravy Bread Stuffing Glazed Carrots Wheat Bread Tropical Fruit Salad Milk	12 Vegetable Soup/crackers Beef Swedish Meatballs/Gravy Buttered Noodles Broccoli Wheat Bread Banana Milk	13 Sliced Ham with Pineapple Sauce Mashed Sweet Potatoes Cabbage Wheat Bread Chocolate Chip Cookies Milk	14 Lentil Soup/Crackers Chicken Salad Hoagie Lettuce & Tomato Carrot Raisin Salad Fruited Jello Milk	15 Riblet with BBQ Sauce Sautced Onions Buttered Corn Green Beans Sandwich Roll Mandarin Oranges Milk
18 Beef Meatballs Baked Cheese Ziti Sauteed Spinach Hoagie Roll Pears Milk	19 Low Sodium Beef Hot Dog Sauerkraut Baked Beans Cauliflower with White Sauce Hot Dog Roll Canned Peaches Milk	20 Chef Salad/Tomato,Ham,Egg,Cheese Pasta Salad Wheat Bread Birthday Cake Milk	21 Escarole chicken Soup Roast Beef /Gravy Mashed Potatoes Peas and Carrots Wheat Bread Banana Milk	22 Sweet Sour Chicken with Peppers and Onions Brown Rice Japanese Vegetables Roll Vanilla Pudding Milk
25 Chicken Florentine/Sauce Rice Carrots Wheat Bread Orange Sherbet or Sugar Cookie Milk	26 Pea Soup/Crackers Crab Cake Macaroni and Cheese Stewed Tomatoes and Zucchini Hamburger Roll Peaches Milk	27 4 th of July Celebration Beef Cheese Burger Chuck wagon corn Sauteed Onions Green Beans Lettuce/Tomato Watermelon Milk	28 Turkey Hoagie Potato Salad Apple Milk	29 Beef Cheese Steak Sandwich Fried onions Home Fried Potatoes Succotash Lettuce & Tomato Banana Milk

All Fruit Juice is 100% Fruit Juice.

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