

# GLOUCESTER COUNTY SENIOR NUTRITION PROGRAM – JULY 2018

| MONDAY  | TUESDAY   | WEDNESDAY   | THURSDAY   | FRIDAY  |
|---|---|---|--|---|
| 2<br>Chicken Parmesan<br>Pasta w/Tomato Sauce<br>Garlic Green Beans<br>Roll<br>Chocolate Pudding<br>Milk                                | 3<br>Roast Pork w/Gravy<br>Sweet Potatoes and Apples<br>Buttered Peas<br>Wheat Bread<br>Fruit Jello<br>Milk   | 4<br><br>HAPPY 4 <sup>TH</sup> OF JULY  | 5<br>Baked Potato Soup/Crackers<br>Ham Salad<br>Lettuce w/ Sliced Tomato<br>Potato Salad<br>Wheat Bread<br>Banana<br>Milk                                | 6<br>Beef Salisbury Steak w/Gravy<br>Scalloped Potatoes<br>Broccoli<br>Wheat Bread<br>Watermelon<br>Milk          |
| 9<br>Potato Encrusted Fish<br>Macaroni and Cheese<br>Stewed Tomatoes<br>Wheat Bread<br>Ketchup/Tartar Sauce<br>Mandarin Oranges<br>Milk | 10<br>Hot Roast Beef w/Gravy<br>Garlic Mashed Potatoes<br>Brussels Sprouts<br>Sandwich Roll<br>Peaches/ Cottage Cheese<br>Milk                              | 11<br>Beef Barley Soup w/Crackers<br>Tuna Salad on<br>Lettuce leaf w/Sliced Tomato<br>Macaroni Salad<br>3 Bean Salad<br>Wheat Bread<br>Pear<br>Milk | 12<br>Spaghetti w/Pork Sausage<br>Tomato Sauce w/Parm Cheese<br>Tossed Salad w/Italian Dressing<br>Capri Blend Vegetables<br>Dinner Roll<br>Cake<br>Milk | 13<br>BBQ Chicken Leg X2<br>Red Skinned Potatoes<br>Green Peas and Carrots<br>Sandwich Roll<br>Cantaloupe<br>Milk |
| 16<br>Beef & Cheese Lasagna<br>Tomato Sauce<br>Italian Green Beans<br>Italian Roll<br>Fresh Peach<br>Milk                               | 17<br>Cream of Broccoli Soup<br>Chicken Caesar Salad<br>Pasta Salad<br>Italian Dressing, Croutons, Parm<br>Cheese<br>Dinner Roll<br>Oatmeal Cookies<br>Milk | 18<br>Beef Meatloaf w/Gravy<br>Mashed Potatoes<br>Carrots<br>Dinner Roll<br>Mandarin Oranges<br>Milk  | 19<br>Chicken Vegetable Soup w/Crackers<br>Roast Pork w/Gravy<br>Paprika Potatoes<br>Harvard Beets<br>Wheat Bread<br>Vanilla Ice Cream<br>Milk           | 20<br>Beef Cheeseburger<br>Hamburger Roll<br>Buttered Corn<br>Spinach<br>Lettuce/Tomato<br>Watermelon<br>Milk     |
| 23<br>Riblet w/BBQ Sauce<br>Sautéed Onions<br>Buttered Corn & Green Beans<br>Sandwich Roll<br>Nectarine<br>Milk                         | 24<br>Roasted Turkey w/Gravy<br>Bread Stuffing<br>Glazed Carrots<br>Wheat Bread<br>Tropical Fruit Salad<br>Milk   | 25<br>Vegetable Soup/Crackers<br>Beef Swedish Meatballs w/Gravy<br>Buttered Noodles<br>Broccoli<br>Wheat Bread<br>Birthday Cake<br>Milk             | 26<br>Sliced Ham<br>Pineapple Sauce<br>Mashed Sweet Potatoes<br>Cabbage<br>Wheat Bread<br>Chocolate Chip Cookie<br>Milk                                  | 27<br>Chicken Salad Hoagie<br>Lettuce and Tomato<br>Carrot Raisin Salad<br>Watermelon<br>Milk                     |
| 30<br>Sweet & Sour Chicken w/peppers<br>and Onions<br>Brown Rice<br>Japanese Vegetables<br>Roll<br>Vanilla Pudding<br>Milk              | 31<br>Beef Meatballs<br>Baked Cheese Ziti<br>Marina Sauce<br>Sautéed Spinach<br>Hoagie Roll<br>Pears<br>Milk  |   |  |   |

\* Fruit Juice is 100% Fruit Juice.

The U.S. Department of Agriculture prohibits discrimination against its customers, employees and applicants for employment on the bases of race, color, national origin, age, disability, sex, gender identity, religion, marital status, and where applicable, political beliefs, marital status, familial or parental status, sexual orientation, or all of these characteristics. An individual's income is derived from any public assistance program, or protected genetic information in employment or in any program or activity conducted or funded by the Department.

Revised 8/2016

*Gloucester County Department of Health & Human Services*

*Division of Senior Services Nutrition Program*

*Lunch Sites*

|         |  |   |  |
|---------|--|---|--|
| Site #1 | Mantua Community Center<br>111 East Mercer Ave<br>Mantua, NJ 08051           | Site Manager<br>Telephone<br>Serving Time | Joan Villanova<br>468-4773<br>12:30 PM |
| Site #2 | Glassboro Senior Center<br>152 South Delsea Drive<br>Glassboro, NJ 08028     | Telephone<br>Serving Time                 | 881-6610<br>11:30AM                    |
| Site #3 | Thorofare Fire Hall<br>1 Firehouse Rd.<br>Thorofare, NJ 08086                | Site Manager<br>Telephone<br>Serving Time | Nodlyn Garlic<br>853-6496<br>11:30AM   |
| Site #4 | Pfeiffer Community Center<br>301 Blue Bell Street<br>Williamstown, NJ 08094  | Site Manager<br>Telephone<br>Serving Time | Rick Andress<br>728-1140<br>11:30AM    |
| Site #5 | Franklin Community Center<br>1584 Coles Mill Road<br>Franklinville, NJ 08322 | Site Manager<br>Telephone<br>Serving Time | Brenda Eidam<br>694-1413<br>11:00AM    |
| Site #6 | Second Baptist Church<br>1534Pine Street<br>Paulsboro, NJ 08066              | Telephone<br>Serving Time                 | 423-3387<br>11:30AM                    |

**NTNTRITION OFFICE**  
686-8327

**SERV-A-TRAY OFFICE**  
686-8325

Partially funded under the cooperation of the Gloucester County Board of Chosen Freeholders, and the Title III of the Older Americans Act as amended in 2016.

Robert M. Damminger  
Freeholder Director

Jim Jefferson  
Freeholder Liaison  
Department of Health, Senior & Disability Services

Leona G. Mather  
Director  
Division of Senior Services

The County of Gloucester complies with all state and federal rules and regulations and does not discriminate on the basis of race, religion, color, national or ethnic origin, sexual orientation, age, marital status or disability in admission to, access to, or operations of its programs, services, or activities. In addition, Gloucester County encourages the participation of people with disabilities in its programs and activities and offers special services to all County residents 60 years of age and older. Inquiries regarding compliance may be directed to the EEO office at (856)384-6903 or through the County's ADA Coordinator at (856) 384-6842/New Jersey Relay Service 711