

## GLOUCESTER COUNTY SENIOR NUTRITION PROGRAM – JANUARY 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 HAPPY NEW YEAR	2 Roasted Chicken Breast w/gravy Corn bread stuffing Mixed Vegetables Sliced Wheat bread Tropical Fruit salad 2% Milk	3 Chicken Noodle Soup Ham Salad/ Macaroni Salad Lettuce and Tomato 2 Slices Wheat Bread Chocolate/Rice Pudding 2%Milk	4 Hamburger w/cheese Hamburger Bun Baked Beans Steamed Potatoes Fruit Cocktail 2%Milk
7 Unsweetened Apple Juice Sweet & Sour Chicken w/Rice Japanese Vegetables Roll Cake 2% Milk	8 Veg. Barley Soup w/Crackers Beef Burgundy Elbow Macaroni Green Peas Wheat Bread Chocolate Ice Cream 2%Milk	9 Smoked Pork Sausage w/Sauerkraut Roasted Potatoes California Blend White Roll Fruit Jello 2% Milk	10 Cream of Potato Soup w/Crackers Fillet of Fish Hamburger Roll Buttered Corn & Broccoli Tartar Sauce Pears 2% Milk	11 1 Cup Beef & Cheese Lasagna Marinara Sauce Spinach Italian Roll Fresh Apple 2%Milk
14 Broccoli Cheese Soup/Crackers Beef Meatloaf w/Gravy Scalloped Potatoes Glazed Carrots White Dinner Roll Fresh Orange or Fruit in Season 2%Milk	15 BBQ Roast loin of Pork Sweet Potatoes Italian Green Beans 1 Slice Wheat Bread Peaches 2%Milk	16 Beef & Bean Chili Brown Rice Mixed Vegetables Corn Bread Jello w/Topping 2%Milk	17 Chefs Choice of Soup w/Crackers Roast Chicken Breast w/Gravy Garlic Mashed Potatoes Spinach Sliced Wheat Bread Fruit Cocktail 2% Milk	18 Potato Encrusted Fish Macaroni & Cheese Stewed Tomatoes/Zucchini 1 Sliced Wheat Bread Ketchup/Tartar Sauce Vanilla Pudding 2%Milk
21 MARTIN LUTHER KING DAY	22 Cream of Spinach Soup Roast Beef w/Gravy Mashed Potatoes Peas & Carrots 1 Slice whole Wheat Bread Vanilla Ice Cream 2%Milk	23 BBQ Pork w/Saut.Onions Baked Beans Cauliflower/Boccoli/Cheese Sauce Hamburger Roll Apple Sauce 2%Milk	24 Tomato Soup w/Crackers Tuna Salad Lettuce Leaf w/Tomato Slice Macaroni Salad 3 Bean Salad 1 Slice Wheat Bread Banana Or In Season Fruit 2%Milk	25 Turkey open face w/gravy White bread Sweet Potato Harvard Beets Chocolate Pudding 2%Milk
28 Roasted Pork w/Gravy Egg Noodles Buttered Peas 1 Slice Wheat Bread Tidbits Pineapple 2%Milk	29 Chicken Orzo Soup w/Crackers Beef Salisbury Steak w/gravy Sliced Paprika Potatoes Broccoli 1 Slice Wheat Bread 1 Fresh Apple 2%Milk	30 Ham Slice w/Pineapple Sauce Mashed Sweet Potatoes Cabbage 1 Slice Wheat Bread Birthday Cake 2%Milk	31 Navy Bean Soup w/Crackers Chicken Cacciatore Penne Pasta Vegetable Medley White Dinner Roll Orange Sherbert 2%Milk	

\*Fruit Juice is 100% Fruit Juice.

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Revised 8/2016

*Gloucester County Department of Health & Human Services*

*Division of Senior Services Nutrition Program*

*Lunch Sites*

Site #1	Manhata Community Center 111 East Mercer Ave Manhata, NJ 08051	Site Manager Telephone Serving Time	Joan Villanova 468-4773 12:30 PM
Site #2	Glassboro Senior Center 152 South Delsea Drive Glassboro, NJ 08028	Site Manager Telephone Serving Time	Mike Sylvester 881-6610 11:30AM
Site #3	Thorofare Fire Hall 1 Firehouse Rd. Thorofare, NJ 08086	Site Manager Telephone Serving Time	Anna Lynch 853-6496 11:30AM
Site #4	Pfeiffer Community Center 301 Blue Bell Street Williamstown, NJ 08094	Site Manager Telephone Serving Time	Rick Andress 728-1140 11:30AM
Site #6	Second Baptist Church 1534Pine Street Paulsboro, NJ 08066	Telephone Serving Time	423-3387 11:30AM

NUTRITION OFFICE  
686-8327

SERV-A-TRAY OFFICE  
686-8325

Partially funded under the cooperation of the Gloucester County Board of Chosen Freeholders, and the Title III of the Older Americans Act as amended in 2016.

Robert M. Damminger  
Freeholder Director

Jim Jefferson  
Freeholder Liaison  
Department of Health, Senior & Disability Services

Leona G. Mather  
Director  
Division of Senior Services

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