

GLOUCESTER COUNTY SENIOR NUTRITION PROGRAM
January 2017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Happy New Year!!! All Nutrition Sites are CLOSED	3 Swedish Meatballs w/Gravy Buttered Noodles Sliced Carrots Wheat Bread Sherbert Milk	4 Minestrone Soup/Crackers Baked Ziti w/ Tomato Sauce Italian Sausage Green Beans Lettuce w/ Tomato & Dressing Italian Roll Peach Halves Milk	5 Roasted Chicken w/Gravy Corn Bread Dressing Peas & Carrot Mix Rye Bread Pineapple Chunks Milk	6 Cheese Hamburger on Bun Lettuce and Tomato Slices Potato Salad Pudding Milk
9 Beef and Macaroni Casserole w/ Marinara Sauce Italian Blend Vegetables Italian Roll Apple Milk	10 Unsweetened Apple Juice Sweet and Sour Chicken Rice Japanese Vegetables Roll Cake Milk	11 Veg. Barley Soup/Crackers Beef Burgundy w/Gravy Elbow Macaroni Green Peas Wheat Bread Chocolate Ice Cream Milk	12 Smoked Sausage w/Sauerkraut Roasted Potatoes California Blend White Roll Fruit Jell-o Milk	13 Potato Encrusted Fish Macaroni & Cheese Stewed Tomatoes Rye bread Tartar Sauce Pudding Milk
16 Martin Luther King Birthday!! All Nutrition Sites are CLOSED!	17 Meatloaf w/Gravy Au Gratin Potatoes Glazed Carrots Dinner Roll Pudding Milk	18 Broccoli Cheese Soup/ Crackers BBQ Roast Loin of Pork Sweet Potatoes Italian Green Beans Rye Bread Peaches Milk	19 Roast Chicken w/ Gravy Garlic Mashed Potatoes Spinach Wheat Bread Fruit Cocktail Milk	20 Beef & Bean Chili Brown Rice Squash Corn Bread Jell-o w/Topping Milk
23 Turkey open faced on Gravy White Brea Sweet Potato Harvard Beets Pudding Milk	24 Tomato Soup/Crackers Tuna Salad on Lettuce Leaf Macaroni Salad 3 Bean Salad Rye Bread Banana Milk	25 Chicken Parmesan w/ Rigatoni & Sauce Green Beans Salad w/Tomato & Dressing Wheat Bread Parmesan Cheese Birthday Cake Milk	26 Cream of Spinach Soup/Cracker Roast Beef w/ Gravy Mashed Potatoes Peas and Carrots Whole Wheat Bread Ice Cream Milk	27 Riblet w/Saut�ed Onions Baked Beans Cauliflower/Broccoli & Cheese Applesauce Milk
30 Navy Bean Soup/Crackers Philly Steak Sandwich w/ cheese on Roll Fried Onions Oven Roast Potatoes Green Beans Tapioca Pudding Milk	31 Ham Slice w/Pineapple Sauce Mashed Sweet Potatoes Cabbage Rye Bread Fruited Jell-O Milk			



KNOW YOUR SITES

- #1. Mantua.....9:30AM to 1:30PM...468-4773
(Joan Villanova)
- #2. Glassboro.....9 to 1PM.....881-6610
(Lou Weiss)
- #3. Thorofare.....9 to 1PM.....853-6496
(Norlynn Garlic)
- #4. Williamstown.....9 to 1PM.....728-1140
(Peggy Principato)
- #5. Frankinville.....9 to 1PM.....694-1413
(Brenda Eidam)
- #6. Paulsboro.....9 to 1PM.....423-3387

Nutrition Office
686-8327

Serv-a-Tray
686-8325

Partially funded under the cooperation of the Gloucester County Board of Chosen Freeholders, and the Title III of the Older Americans Act as amended in 1978.

Robert M. Damminger
Freeholder Director

Jim Jefferson
Freeholder Liaison
Department of Health, Senior & Disability Services

Leona G. Mather
Director
Division of Senior Services

The County of Gloucester complies with all state and federal rules and regulations and does not discriminate on the basis of age, race, creed, color, national origin, ancestry, marital status, affectional or sexual orientation, gender identity or expression, disability, nationality or sex in admission to, access to, or operations of its programs, services, activities or in its employment practices. In addition, Gloucester County encourages the participation of people with disabilities in its programs and activities and offers special services to all County residents 60 years of age and older. Inquiries regarding compliance may be directed to the EEO office at (856) 384-6903 or through the County's ADA Coordinator at (856) 384-6842/New Jersey Relay Service 711.