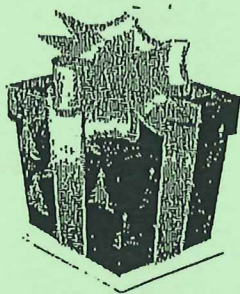


GLOUCESTER COUNTY SENIOR NUTRITION PROGRAM

December 2016

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Cream of Potato Soup Filet of Fish/Tartar Sauce Macaroni & Cheese Stewed Tomatoes Roll Pears Milk	2 Beef & Macaroni Casserole w/Sauce Italian Blend Vegetables Romaine w/ Lettuce /Tomato & Dressing Italian Roll Apple Milk
5 Meatloaf w/Gravy Au Gratin Potatoes Glazed Carrots Dinner Roll Fresh Fruit in Season Milk	6 Broccoli Cheese Soup/ Crackers BBQ Roast Loin of Pork Sweet Potatoes Italian Green Beans Rye Bread Rye Bread Peaches Milk	7 Roast Chicken Breast w/ Gravy Garlic Mashed Potatoes Spinach Wheat Bread Fruit Cocktail Milk	8 Beef & Bean Chili Brown Rice Squash Corn Bread Jello w/Topping Milk	9 Potato Encrusted Fish Macaroni & Cheese Stewed Tomatoes Rye bread Pudding Milk
12 Chicken Parmesan & Rigatoni w/ Sauce Green Beans Wheat Bread Parmesan Cheese Fruit Cocktail Milk	13 Tomato Soup/Crackers Tuna Salad w/Lettuce & Sliced Tomato Macaroni Salad 3 Bean Salad Rye Bread Banana Milk	14 Roast Beef w/Gravy Mashed Potatoes Peas and Carrots Whole Wheat Bread Vanilla Ice Cream Milk	15 BBQ Riblet w/ Sautéed Onions Baked Beans Cauliflower & Broccoli w/Cheese Hamburger Roll Applesauce Milk	16 Turkey open faced w/gravy White Bread Sweet Potato Harvard Beets Pudding Milk
19 Ham Slice w/pineapple sauce Mashed Sweet Potatoes Cabbage Rye Bread Fruited Jell-O Milk	20 Chicken Orzo Soup/Crackers Salisbury Steak w/Gravy Slice Paprika Potatoes Broccoli w/ Cheese Sauce Rye Bread Rye Bread Apple Milk	21 Roasted Pork w/Gravy Egg Noodles Buttered Peas Wheat Bread Pineapple Tidbits Milk	22 Philly Steak Sandwich w/ Cheese & Fried Onions Oven Roast Potatoes Lettuce and Tomato Pudding Milk	23 Winter Holiday Celebration Roasted Turkey w/ Gravy Stuffing Mashed Potatoes Peas with Mushrooms Cranberry Sauce Dinner Roll Christmas Dessert Milk
26 Merry Christmas! ALL NUTRITION SITES ARE CLOSED!!!!	27 Pea Soup/Crackers Crab Cake w/ Tartar Sauce Macaroni and Cheese Stewed Tomato Hamburger Bun Banana Milk	28 BBQ Chicken Scalloped Potatoes Green Peas and Carrots Roll Birthday Cake Milk	29 Spaghetti w/ Meatballs & Sauce Italian Green Beans Tossed Salad w/Tomato & Dressing Dinner Roll Strawberry Ice Cream Milk	30 Happy New Year! Pork w/Gravy Baked Potato with Sour Cream Broccoli Dinner Roll Pie with Topping Milk



KNOW YOUR SITES

- #1. Mantua.....9:30AM to 1:30PM...468-4773
(Joan Villanova)
- #2. Glassboro.....9 to 1PM.....881-6610
(Lou Weiss)
- #3. Thorofare.....9 to 1PM.....853-6496
(Norlynn Garlic)
- #4. Williamstown.....9 to 1PM.....728-1140
(Peggy Principato)
- #5. Franklinville.....9 to 1PM.....694-1413
(Brenda Eidam)
- #6. Paulsboro.....9 to 1PM.....423-3387

Nutrition Office
686-8327

Serv-a-Tray
686-8325

Partially funded under the cooperation of the Gloucester County Board of Chosen Freeholders, and the Title III of the Older Americans Act as amended in 1978.

Robert M. Damming
Freeholder Director

Jim Jefferson
Freeholder Liaison
Department of Health, Senior & Disability Services

Leona G. Mather
Director
Division of Senior Services

The County of Gloucester complies with all state and federal rules and regulations and does not discriminate on the basis of age, race, creed, color, national origin, ancestry, marital status, affectional or sexual orientation, gender identity or expression, disability, nationality or sex in admission to, access to, or operations of its programs, services, activities or in its employment practices. In addition, Gloucester County encourages the participation of people with disabilities in its programs and activities and offers special services to all County residents 60 years of age and older. Inquiries regarding compliance may be directed to the EEO office at (856) 384-6903 or through the County's ADA Coordinator at (856) 384-6842/New Jersey Relay Service 711.