

## Welcome to our conspiracy of hope

Library is an online repository of peer wisdom about the journey to recovery and wellness. It provides individuals, practitioners, and peer supporters with self-serve training on the CommonGround Approach. It also features thousands of resources, which can be used by and/or with individuals so they can: make informed treatment decisions, manage their disorders, and make progress toward self-care and recovery.

### What you'll find

Library has 3,000+ multimedia resources, including first person accounts of recovery and wellness, learning tracks, and all of Pat's papers, speeches and videos. It addresses a variety of mental health, wellness, and addiction recovery topics. It works on Internet-enabled computers or tablets.

We create and carefully review Library resources; there are *no* advertisements.

### How people use it

**Recovery partners**, such as health plans and managed care organizations; federal, state and county mental health authorities; multi-state, multi-service provider networks and health homes; and peer-run organizations use Library to support people in becoming experts in their own self-care, to find content to run groups, and to train staff.

**Clinical care teams**, peer-run centers, or academic programs use Library to onboard and train current and future direct service staff in recovery-oriented practice. Teams also use Library resources to run groups, and to engage clients in self-care between sessions.

**Individuals** and their families and friends use Library to increase knowledge about recovery, to find out what others have done when faced with similar choices, and to stay informed and engaged about their options throughout the recovery journey.



### SIGN UP AT:

[http://www.gloucestercountynj.gov/depts/d/divdied/recovery\\_library/default.asp](http://www.gloucestercountynj.gov/depts/d/divdied/recovery_library/default.asp)